November 2026

The Flats

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:00** Mile Hi Church Service (TR) **11:30** Sunday Brunch (VG) **6:30** Movie: The Devil Wears Prada (TR)	**2** **10:00** Exercise with Maynette (CH) **10:30** Pinochle Card Game (B) **3:00** Afternoon Monday Music (CH) **3:00** Crafting with Jadea (LER) **6:30** Movie: The Devil Wears Prada II (TR) **ERIN OFF**	**3** **10:30** Workout with Tyler (CH) **11:30** Resident Lunch Buffet (VG) **1:00** Travel Tuesday: Norway (TR) **1:30** Mahjongg Group (CH) **6:30** Movie Night: This is Where I Leave You (TR) **ERIN OFF**	**4** **10:00** Exercise with Maynette (CH) **1:00** Catholic Communion Service and Rosery **1:30** Curious Dragonfly Presentation: Pollution; The Silent Siege on Nature (TR) **3:00** Pizza Party Social (CH) **ERIN OFF**	**5** **10:00** Chair Yoga/ Seated Exercise with Kim (CH) **11:15** Film Discussion – Zoom **2:00** Ice Cream Social with Marketing (CH) **2:30** Documentary: Wild Babies (TR) **3:00** Rummikube Group (B) **ERIN OFF**	**6** **10:00** Exercise with Maynette (CH) **11:00** Flower Girl Group (CH) **1:30** Travels with Toni: 100 Years of Route 66 (TR) **4:00** Happy Hour (CH) **ERIN OFF**	**7** **10:00** Coffee and Donuts (CH) **1:30** Saturday Matinee: Classics (TR)
8 **10:00** Mile Hi Church Service (TR) **11:30** Sunday Brunch (VG)	**9** **10:00** Exercise with Maynette (CH) **10:30** Pinochle Card Game (B) ***11:30*** *Out to Lunch: Cast Iron Tavern* **3:00** Afternoon Monday Music (CH) **4:30** Mulled Wine Social (CH)	**10** ***10:00*** *King Soopers Shopping Trip* **10:30** Workout with Tyler (CH) **11:30** Resident Lunch Buffet (VG) **1:00** Travel Tuesday: Japan (TR) **1:30** Mahjongg Group (CH) **6:30** Cocktails and Trivia (CH) **6:30** Movie Night: Don't Say Good Luck (TR)	**11** **10:00** Exercise with Maynette (CH) **9:00** Taps Performance with Roz Brown (Flagpole) **9:15** VAB Veterans Panel (CH) **11:00** Denver Dolls Veterans Performance (CH) **12:00** Veterans Day Brunch (VG) **1:00** Catholic Communion Service and Rosery **2:00** VAB Book Group (TR)	**12** **10:00** Chair Yoga/ Seated Exercise with Kim (CH) **11:15** Film Discussion - Zoom **2:00** Shared Journeys Discussion Group (DR) **2:30** Documentary: Wild Babies (TR) **3:00** Rummikube Group (B) **4:00** Pecan Pie and Ice Cream Social (CH)	**13** **9:00** VAB Breakfast Buffet (VG) **10:00** Exercise with Maynette (CH) **11:00** Flower Girl Group (CH) **1:00** Active Minds Presentation: Kenya (TR) **4:00** Happy Hour (CH)	**14** **10:00** Aces of Bridge Club (VG) **1:30** Saturday Matinee: Classics (TR)

TR = Theater Room (2ND FLR), CH = Clubhouse, B = Bistro, VG = Village Grill (DINING ROOM), DR = Discovery Room (NEXT TO BISTRO)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	**16** 🎂	**17** 🎂	**18**	**19**	**20**	**21**
10:00 Mile Hi Church Service (TR) **11:30** Sunday Brunch (VG)	**10:00** Exercise with Maynette (CH) **10:30** Pinochle Card Game (B) **12:00** Czechia Snack Tasting/ Documentary (CH) **3:00** Afternoon Monday Music (CH) **4:30** Resident Thanksgiving Potluck (CH)	**10:30** Workout with Tyler (CH) **11:00-2:00** Chez Vous Boutique (CH) **11:30** Resident Lunch Buffet (VG) **1:00** Travel Tuesday: Ecuador (TR) **1:30** Mahjongg Group (CH) ***4:00*** *Women's Dinne: Saltwater Social* **6:30** Movie Night: The Life List (TR)	**10:00** Exercise with Maynette (CH) **10:00** Home Massages with Laura **1:00** Catholic Communion Service and Rosery **3:30** Wine Down Wednesday: David Miller (VG)	**10:00** Chair Yoga/ Seated Exercise with Kim (CH) **11:15** Film Discussion - Zoom **1:00** Hearing Aid Clinic (CH) **2:30** Documentary: Wild Babies (TR) **3:00** Rummikube Group (B) ***7:00*** *Lakewood Symphony Orchestra: Pops Concert & Silent Auction*	**10:00** Exercise with Maynette (CH) **11:00** Flower Girl Group (CH) **12:00-3:00** Fall Vendor Market (Lobby/CH) **1:00** Active Minds Presentation: Dolly Parton (TR) **4:00** Happy Hour (CH) **ERIN OFF**	**10:00** Coffee and Donuts (CH) **1:30** Saturday Matinee: Classics (TR)
22 🎂	**23**	**24**	**25**	**26**	**27**	**28**
10:00 Mile Hi Church Service (TR) **11:30** Sunday Brunch (VG)	**10:00** Exercise with Maynette (CH) **10:30** Pinochle Card Game (B) **12:00** Community Chat (CH) **1:30** Chris Wells Presentation: **3:00** Afternoon Monday Music (CH) ***4:00*** *Out to Dinner: Eddie Merlot's*	***10:00*** *King Soopers Shopping Trip* **10:30** Workout with Tyler (CH) ***11:00*** *Men's Lunch: Steuben's* **11:30** Resident Lunch Buffet (VG) **1:00** Travel Tuesday: Belize (TR) **1:30** Mahjongg Group (CH) **4:00** November Birthday Celebration (CH) **6:30** Movie Night: Dallas Buyers Club (TR)	**10:00** Exercise with Maynette (CH) ***12:00*** *Joseph and the Amazing Technicolor Dreamcoat @ AC* **1:00** Grief Support Group with Optimal (DR) **1:00** Catholic Communion Service and Rosery	**9:00** Morning Muffins and Coffee (CH) **10:00** Chair Yoga/ Seated Exercise with Kim (CH) **11:00-1:30** Thanksgiving Lunch (VG) **11:15** Film Discussion – Zoom **2:30** Documentary: Wild Babies (TR) **3:00** Rummikube Group (B)	**8:30** Burrito Buggy Delivery (Byers Ave) **10:00** Exercise with Maynette (CH) **11:00** Flower Girl Group (CH) ***12:00*** *Scenic Drive to Lookout Mountain* **4:00** Happy Hour (CH)	**10:00** Aces of Bridge Club (VG) **1:30** Saturday Matinee: Classics (TR)
29 🎂	**30**	**Happy Birthday** 🎂				
10:00 Mile Hi Church Service (TR) **11:30** Sunday Brunch (VG)	**10:00** Exercise with Maynette (CH) **10:30** Pinochle Card Game (B) **3:00** Afternoon Monday Music (CH) **4:00** BINGO & Dinner (VG) **6:00** Evening Opera with Marco and Marie (CH)	**Nov 06** Babu Iyer	**Nov 16** Robert Clearwater	**Nov 17** Maynette Swezey	**Nov 22** Sharon McChrystal	**Nov 29** Edna Walker

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