# November 2026

## Assisted Living

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **1**<br>**9:45** Stonebriar Church Live Stream (TR)<br>**10:00** Snacks (3DR)<br>**10:00** Coffee & Pastry Chat (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** VAB Walking Club (LER)<br>**2:00** Bingo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Skip-Bo (LER)<br>**6:30** Movie: The Devils Wear Prada (TR) | **2**<br>**10:00** Snacks (3DR)<br>**10:00** Fitness: Chair Yoga (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:30** Yogurt Parfaits (TR)<br>**2:00** Skip-Bo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Open Craft (LER)<br>**6:30** Movie: The Devil Wears Prada 2 (TR) | **3**<br>**10:00** Snacks (3DR)<br>**10:00** Fitness: Exercise with Tyler (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Travel Tuesday: Norway (TR)<br>**2:30** Snacks (3LR)<br>**3:00** Game Hour: Blackjack (LER)<br>**6:30** Movie: This Is Where I Leave You (TR) | **4**<br>**10:00** Snacks (3DR)<br>**10:00** Fitness: Boxing with Bret (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Catholic Communion Service & Rosary (LER)<br>**1:15** Curious Dragonfly Presents: Pollution (TR)<br>**2:00** Bible Dialogue and Community with Jerry<br>**2:30** Snacks (3LR)<br>**3:00** Documentary: Abraham Lincoln (LER)<br>**6:30** Movie: Tickets to Paradise (TR) | **5**<br>**10:00** Snacks (3DR)<br>**10:15** Fitness: Stretching with Maynette (LER)<br>**11:00** Learn about the National Day (LER)<br>**11:00** Outing: Le Peep<br>**1:15** Chris Wells Presents: Scotland - A Bonnie Adventure (TR)<br>**2:30** Snacks (3LR)<br>**2:30** Documentary: Wild Babies (TR)<br>**3:00** Root Beer Float Social (LER)<br>**6:30** Movie: Office Romance (TR) | **6**<br>**10:00** Snacks (3DR)<br>**10:00** Fitness: Exercise with Jordan (LER)<br>**10:30** Learn about the National Day (LER)<br>**12:00** Erin Brock Nutritionist (CH)<br>**1:15** Travels with Toni: 100 Years of Route 66 (TR)<br>**2:00** Coloring to Relax (LER)<br>**2:30** Happy Hour & Music (3DR)<br>**2:30** Snacks (3LR)<br>**6:30** Movie: Animals (TR) | **7**<br>**10:00** Snacks (3DR)<br>**10:15** Movin' and Grovin' Chair Exercise (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Aromatherapy Mediation (TR)<br>**1:30** Saturday Matinee: Fried Green Tomatoes (TR)<br>**2:00** Bingo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Skip-Bo! (LER)<br>**6:30** Movie: American Sniper (TR) |
| **8**<br>**9:45** Stonebriar Church Live Stream (TR)<br>**10:00** Snacks (3DR)<br>**10:00** Coffee & Muffins Chat (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** VAB Walking Club (LER)<br>**2:00** Bingo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Skip-Bo (LER)<br>**6:30** Movie: Remarkable Creatures (TR) | **9**<br>**10:00** Snacks (3DR)<br>**10:00** Fitness: Chair Yoga (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Healthy Minds: Jeopardy (TR)<br>**2:00** Skip-Bo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Open Craft (LER)<br>**6:30** Movie: Unabomber (TR) | **10**<br>**10:00** Snacks (3DR)<br>**10:00** King Soopers Shopping Trip<br>**10:00** Fitness: Exercise with Tyler (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Travel Tuesday: Japan (TR)<br>**2:00** Craft: Thankful Cards and Treats (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Trivia Tuesday (LER)<br>**6:30** Movie: Don't Say Good Luck (TR) | **11**<br>**9:00** Taps Performance<br>**10:00** Snacks (3DR)<br>**10:00** Fitness: Boxing with Bret (LER)<br>**10:30** Learn about the National Day (LER)<br>**11:00** Denver Dolls Veterans Performance (CH)<br>**12:00** Veteran's Brunch (VG)<br>**1:00** Catholic Communion Service & Rosary (TR)<br>**2:00** Bible Dialogue and Community with Jerry<br>**2:30** Snacks (3LR)<br>**3:00** Food Committee<br>**6:30** Movie: The Best Years of Our Lives (TR) | **12**<br>**9:00** Podiatrist<br>**10:00** Snacks (3DR)<br>**10:15** Fitness: Stretching with Maynette (LER)<br>**11:00** Learn about the National Day (LER)<br>**11:00** Outing: IHop and Golden History Museum<br>**2:30** Snacks (3LR)<br>**2:30** Documentary: Wild Babies (TR)<br>**3:00** Puzzle Hour: Word Searches and Sudokus (LER)<br>**6:30** Movie: Still Alice (TR) | **13**<br>**10:00** Snacks (3DR)<br>**10:15** Fitness: Get Strong with Angelina (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Fitness: Chair Tai Chi (TR)<br>**2:00** Coloring to Relax (LER)<br>**2:30** Happy Hour & Music (3DR)<br>**2:30** Snacks (3LR)<br>**6:30** Movie: About Time (TR) | **14**<br>**10:00** Snacks (3DR)<br>**10:15** Movin' and Grovin' Chair Exercise (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Aromatherapy Meditation (TR)<br>**1:30** Saturday Matinee: A Charlie Brown Thanksgiving (TR)<br>**2:00** Bingo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Skip-Bo! (LER)<br>**6:30** Movie: The Sixth Sense (TR) |

TR = Theater Room (2ND FLR), 3DR = 3rd Floor Dining Room, LER = Life Enrichment Room, 3LR = 3rd Floor Living Room, CH = Clubhouse, VG = Village Grill (DINING ROOM)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **15**<br>**9:45** Stonebriar Church Live Stream (TR)<br>**10:00** Snacks (3DR)<br>**10:00** Coffee & Scones Chat (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** VAB Walking Club (LER)<br>**2:00** Bingo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Skip-Bo (LER)<br>**6:30** Movie: Sleepless in Seattle (TR) | **16**<br>**10:00** Snacks (3DR)<br>**10:00** Fitness: Chair Yoga (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Game Hour: Jenga (TR)<br>**2:00** Skip-Bo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Open Craft (LER)<br>**6:30** Movie: Pearl Harbor (TR) | **17**<br>**10:00** Snacks (3DR)<br>**10:00** Fitness: Exercise with Tyler (LER)<br>**10:30** Learn about the National Day (LER)<br>**11:00** Chez Vos Boutique<br>**1:00** Travel Tuesday: Ecuador (TR)<br>**1:30** Resident Council (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Game Hour: Black Jack (LER)<br>**6:30** Movie: The Life List (TR) | **18**<br>**10:00** Snacks (3DR)<br>**10:00** Fitness: Boxing with Bret (LER)<br>**10:30** Learn about the National Day (LER)<br>**11:00** Women's Lunch (VG)<br>**1:00** Catholic Communion Service & Rosary (TR)<br>**2:00** Bible Dialogue and Community with Jerry<br>**2:30** Snacks (3LR)<br>**3:00** Documentary: Apollo 13 Survival (TR)<br>**6:30** Movie: His Three Daughters (TR) | **19**<br>**10:00** Snacks (3DR)<br>**10:15** Fitness: Stretching with Maynette (LER)<br>**11:00** Learn about the National Day (LER)<br>**1:00** Hearing Aid Clinic (CH)<br>**1:00** Craft: Q-Tip Tree Painting (LER)<br>**2:30** Snacks (3LR)<br>**2:30** Documentary: Wild Babies (TR)<br>**4:00** Family Dinner (CH)<br>**6:30** Movie: Surviving Hurricane Otis (TR) | **20**<br>**10:00** Snacks (3DR)<br>**10:15** Fitness: Get Strong with Angelina (LER)<br>**10:30** Learn about the National Day (LER)<br>**12:00** Fall Boutique<br>**1:00** Fitness: Chair Tai Chi (TR)<br>**2:00** Coloring to Relax (LER)<br>**2:30** Happy Hour & Music (3DR)<br>**2:30** Snacks (3LR)<br>**6:30** Movie: Liar Liar (TR) | **21**<br>**10:00** Snacks (3DR)<br>**10:15** Movin' and Grovin' Chair Exercise (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Aromatherapy Meditation (TR)<br>**1:30** Saturday Matinee: Grease (TR)<br>**2:00** Bingo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Skip-Bo! (LER)<br>**6:30** Movie: Wicked (TR) |
| **22**<br>**9:45** Stonebriar Church Live Stream (TR)<br>**10:00** Snacks (3DR)<br>**10:00** Coffee & Bagels Chat (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** VAB Walking Club (LER)<br>**2:00** Bingo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Skip-Bo (LER)<br>**6:30** Movie: Sacrifice (TR) | **23**<br>**10:00** Snacks (3DR)<br>**10:00** Fitness: Chair Yoga (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Healthy Minds: Who, What, Where (LER)<br>**2:00** Skip-Bo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Open Craft (LER)<br>**6:30** Movie: The Impossible (TR) | **24**<br>**10:00** Snacks (3DR)<br>**10:00** King Soopers Shopping Trip<br>**10:00** Fitness: Exercise with Tyler (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Travel Tuesday: Belize (TR)<br>**2:00** Craft: Turkey Flower Pots (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Name That Tune (LER)<br>**6:30** Movie: Dallas Buyers Club (TR) | **25**<br>**10:00** Snacks (3DR)<br>**10:00** Fitness: Boxing with Bret (LER)<br>**10:30** Learn about the National Day (LER)<br>**11:00** Men's Lunch (VG)<br>**1:00** Catholic Communion Service & Rosary (TR)<br>**2:00** Bible Dialogue and Community with Jerry<br>**2:30** Snacks (3LR)<br>**3:00** Documentary: Oppenheimer The Real Story (TR)<br>**4:00** Outing: The Village Inn<br>**6:30** Movie: The Ides of March (TR) | **26**<br>**8:30** Macy's Day Parade (TR)<br>**10:00** Snacks (3DR)<br>**10:15** Pie and Coffee Social (LER)<br>**11:00** Learn about the National Day (LER)<br>**11:00** Thanksgiving Lunch (3DR)<br>**1:00** A Charlie Brown's Thanksgiving (TR)<br>**2:30** Snacks (3LR)<br>**2:30** Documentary: Wild Babies (TR)<br>**6:30** Movie: Yes Day (TR) | **27**<br>**10:00** Snacks (3DR)<br>**10:15** Fitness: Get Strong with Angelina (TR)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Fitness: Chair Tai Chi (TR)<br>**2:00** Coloring to Relax (LER)<br>**2:30** Happy Hour & Music (3DR)<br>**2:30** Snacks (3LR)<br>**6:30** Movie: Goodbye June (TR) | **28**<br>**10:00** Snacks (3DR)<br>**10:15** Movin' and Grovin' Chair Exercise (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Aromatherapy Meditation (TR)<br>**1:30** Saturday Matinee: The Wizard of Oz (TR)<br>**2:00** Bingo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Skip-Bo! (LER)<br>**6:30** Movie: What They Had (TR) |
| **29**<br>**9:45** Stonebriar Church Live Stream (TR)<br>**10:00** Coffee & Donut Chat (LER)<br>**10:00** Snacks (3DR)<br>**10:30** Learn about the National Day (LER)<br>**1:00** VAB Walking Club (LER)<br>**2:00** Bingo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Skip-Bo (LER)<br>**6:30** Movie: Marriage Story (TR) | **30**<br>**10:00** Snacks (3DR)<br>**10:00** Fitness: Chair Yoga (LER)<br>**10:30** Learn about the National Day (LER)<br>**1:00** Carmel Apple Social (TR)<br>**2:00** Skip-Bo! (LER)<br>**2:30** Snacks (3LR)<br>**3:00** Open Craft (LER)<br>**6:30** Movie: Top Gun (TR) | **Happy Birthday**<br>**Nov 05**<br>Barbara Zimmer & Marie McNeal | **Nov 06**<br>Esther Golding | **Nov 22**<br>Charles Manser | | |

TR = Theater Room (2ND FLR), 3DR = 3rd Floor Dining Room, LER = Life Enrichment Room, 3LR = 3rd Floor Living Room, CH = Clubhouse, VG = Village Grill (DINING ROOM)