



July 2026
Monarch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9:30 Daily Chronicle Discussion 10:00 Beach Ball Toss Exercise 11:00 Name That Tune 2:00 Nature Narratives 3:00 Bible Study with Andrew 4:00 Resident 1:1	9:30 Daily Chronicle Discussion 10:00 Stretch n' Flex 11:00 True Confessions - Lifeloop 2:30 Happy Hour and Music 3:30 Classic TV: Dick Van Dyke	9:30 Daily Chronicle Discussion 10:00 Monarch Stroll & Roll Walking Group 11:00 4th of July Trivia 2:00 Cookies & Lemonade 3:00 Red, White, and Blue Flower Arranging	9:30 Daily Chronicle Discussion 10:00 Stretch & Flex with T 11:00 4th of July Humor & Slideshow 1:30 Patriotic craft 3:00 Movie Matinee 4:00 Resident 1:1
5	6	7	8	9 🏠	10	11
9:30 Daily Chronicle Discussion 10:00 Red Rocks Church Service 11:00 Sing-a-Long 1:00 Baking with Friends 3:00 Water Color Painting	9:30 Daily Chronicle Discussion 10:00 Music Therapy with Kiemel 11:00 Lifeloop Games 1:30 Boxing with Bret 3:00 Sensory Puzzles	9:30 Daily Chronicle Discussion 10:00 Exercise with Maynette 11:00 Travel Tuesday - Delaware (1st State) 2:00 Animal Adventures - Cats 3:00 Craft - Cats	9:30 Daily Chronicle Discussion 10:00 Beach Ball Toss Exercise 11:00 Name That Tune 3:00 Bible Study with Andrew 4:00 Resident 1:1	9:30 Daily Chronicle Discussion 10:00 Stretch n' Flex 11:00 What Would You Do? 2:30 Happy Hour and Music 3:30 Classic TV: The Lucy Show	9:30 Daily Chronicle Discussion 10:00 Monarch Stroll & Roll Walking Group 11:00 Cranium Crunches 2:00 Cookies & Lemonade 3:00 Craft Corner	9:30 Daily Chronicle Discussion 10:00 Stretch & Flex with T 11:00 Vintage Commercials 1:30 Summer Craft 3:00 Movie Matinee 4:00 Resident 1:1

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12 9:30 Daily Chronicle Discussion 10:00 Red Rocks Church Service 11:00 Sing-a-Long 1:00 Baking with Friends 3:00 Water Color Painting	13 9:30 Daily Chronicle Discussion 10:00 Music Therapy with Kiemel 11:00 Lifeloop Games 1:30 Boxing with Bret 3:00 Sensory Puzzles	14 9:30 Daily Chronicle Discussion 10:00 Exercise with Maynette 11:00 Travel Tuesday: Pennsylvania (2nd state) 2:00 Animal Adventures - Dogs 3:00 Craft - Dogs	15 🎂 9:30 Daily Chronicle Discussion 10:00 Beach Ball Toss Exercise 11:00 Name That Tune 2:00 Nature Narratives 3:00 Bible Study with Andrew 4:00 Resident 1:1	16 9:30 Daily Chronicle Discussion 10:00 Stretch n' Flex 11:00 This or That? 2:30 Happy Hour and Music 2:30 Family Council 3:30 Classic TV: Beverly Hillbillies	17 9:30 Daily Chronicle Discussion 10:00 Monarch Stroll & Roll Walking Group 11:00 Cranium Crunches 2:00 Cookies & Lemonade 3:00 Craft Corner	18 9:30 Daily Chronicle Discussion 10:00 Stretch & Flex with T 11:00 Funny Baby Videos 1:30 Summer Craft 3:00 Movie Matinee 4:00 Resident 1:1
19 9:30 Daily Chronicle Discussion 10:00 Red Rocks Church Service 11:00 Sing-a-Long 1:00 Baking with Friends 3:00 Water Color Painting	20 9:30 Daily Chronicle Discussion 10:00 Music Therapy with Kiemel 11:00 Lifeloop Games 1:30 Boxing with Bret 3:00 Sensory Puzzles	21 9:30 Daily Chronicle Discussion 10:00 Exercise with Maynette 11:00 Travel Tuesday: New Jersey (3rd state) 2:00 Animal Adventures: Butterflies 3:00 Craft - Butterflies	22 9:30 Daily Chronicle Discussion 10:00 Beach Ball Toss Exercise 11:00 Name That Tune 3:00 Bible Study with Andrew 4:00 Resident 1:1	23 9:30 Daily Chronicle Discussion 10:00 Stretch n' Flex 11:00 Have you Ever? 2:30 Happy Hour and Music 3:30 Classic TV: Bonanza	24 9:30 Daily Chronicle Discussion 10:00 Monarch Stroll & Roll Walking Group 11:00 Cranium Crunches 2:00 Cookies & Lemonade 3:00 Craft Corner	25 9:30 Daily Chronicle Discussion 10:00 Stretch & Flex with T 11:00 Funny Animal Videos 1:30 Summer Craft 3:00 Movie Matinee 4:00 Resident 1:1
26 9:30 Daily Chronicle Discussion 10:00 Red Rocks Church Service 11:00 Sing-a-Long 1:00 Baking with Friends 3:00 Water Color Painting	27 9:30 Daily Chronicle Discussion 10:00 Music Therapy with Kiemel 11:00 Lifeloop Games 1:30 Boxing with Bret 3:00 Sensory Puzzles	28 9:30 Daily Chronicle Discussion 10:00 Exercise with Maynette 11:00 Travel Tuesday: Georgia (4th state) 2:00 Animal Adventures: Horses 3:00 Craft - Horses	29 9:30 Daily Chronicle Discussion 10:00 Beach Ball Toss Exercise 11:00 Name That Tune 2:00 Nature Narratives 3:00 Bible Study with Andrew 4:00 Resident 1:1	30 9:30 Daily Chronicle Discussion 10:00 Stretch n' Flex 11:00 Would You Rather? 2:30 Happy Hour and Music 3:30 Classic TV: Sherlock Holmes	31 9:30 Daily Chronicle Discussion 10:00 Monarch Stroll & Roll Walking Group 11:00 Cranium Crunches 2:00 Cookies & Lemonade 3:00 Craft Corner	Happy Birthday 🎂 Jul 09 Philip Cummings Jul 15 Elizabeth Hughes