



# May 2026

## Monarch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2</b>
					<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Monarch Stroll & Roll Walking Group <b>11:00</b> Craft Corner: Flower Ceramic Painting <b>1:00</b> May Flower Door Hangers <b>2:00</b> Decorating Kentucky Derby Hats <b>3:00</b> Flower Arranging <b>4:00</b> Coloring Corner	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Stretch & Flex with T <b>11:00</b> Craft Corner: Fork Sunflower Craft <b>1:00</b> The Perk Newsletter & Discussion <b>2:00</b> Craft Corner: Q- Tip Daisy Craft <b>3:00</b> Meet & Greet Social With "Arlo" <b>4:00</b> Monarch Stroll And Roll: Walking Group
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Worship Service With Pastor Lesley : Non-Denominational <b>11:00</b> The Perk News Letter & Discussion <b>1:00</b> Balloon Toss Game <b>2:00</b> Trivia: May <b>3:00</b> Craft Corner: Flower Sun Catchers <b>4:00</b> Coloring Corner	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Music Therapy with Kiemel <b>11:00</b> The Perk News Letter & Discussion <b>1:00</b> Craft Corner: Wooden Flower Painting <b>2:15</b> Sensory Outings <b>3:00</b> All About Me Board <b>4:00</b> Puzzles & Games	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Exercise with Maynette <b>11:00</b> Men's Hand Massages <b>1:00</b> The Perk News Letter & Discussion <b>2:00</b> Cinco De Mayo Celebration <b>3:00</b> Cinco De Mayo Trivia <b>4:00</b> Coloring Corner	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Balloon Noodle Toss Exercise <b>11:00</b> Ladies Spa Manicures & Hand Massages <b>1:00</b> The Perk News Letter & Discussion <b>2:00</b> Mariachi Band Performance- Third Floor <b>3:00</b> Bible Study with Andrew <b>4:00</b> Puzzles & Games	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Tai Chi Fitness Class <b>11:00</b> BINGO <b>1:00</b> Boxing Class With Brett <b>3:00</b> MH Happy Hour <b>4:00</b> Magnetic Fishing Game	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Monarch Stroll & Roll Walking Group <b>10:00</b> A Patch Of Poppies: Mother's Day Pop Up Sale- Main Lobby <b>11:00</b> Outing: Chez Lizeth Floats <b>1:00</b> Coca-Cola Ice Cream <b>2:00</b> Mother's Day Tea Party <b>3:00</b> Flower Arranging <b>4:00</b> Coloring Corner	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Stretch & Flex with T <b>11:00</b> Scarf Dancing Hour!! <b>1:00</b> Ladies Spa Manicures & Hand Massages <b>2:00</b> Craft Corner: Sun Flower Toothbrush Painting <b>3:00</b> Aromatherapy & Facials Hour <b>4:00</b> Puzzles & Games
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Worship Service With Pastor Lesley : Non-Denominational <b>4:00</b> Resident 1:1	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Music Therapy with Kiemel	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Exercise with Maynette	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Balloon Noodle Toss Exercise <b>3:00</b> Bible Study with Andrew <b>4:00</b> Resident 1:1	<b>9:30</b> Daily Chronicle Discussion <b>3:00</b> MH Happy Hour	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Monarch Stroll & Roll Walking Group <b>3:00</b> Flower Arranging <b>4:00</b> Resident 1:1	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Stretch & Flex with T <b>4:00</b> Resident 1:1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> 🎂	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Worship Service With Pastor Lesley : Non-Denominational <b>4:00</b> Resident 1:1	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Music Therapy with Kiemel	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Exercise with Maynette	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Balloon Noodle Toss Exercise <b>3:00</b> Bible Study with Andrew <b>4:00</b> Resident 1:1	<b>9:30</b> Daily Chronicle Discussion <b>3:00</b> MH Happy Hour	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Monarch Stroll & Roll Walking Group <b>3:00</b> Flower Arranging <b>4:00</b> Resident 1:1	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Stretch & Flex with T <b>4:00</b> Resident 1:1
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Worship Service With Pastor Lesley : Non-Denominational <b>4:00</b> Resident 1:1	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Music Therapy with Kiemel	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Exercise with Maynette	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Balloon Noodle Toss Exercise <b>3:00</b> Bible Study with Andrew <b>4:00</b> Resident 1:1	<b>9:30</b> Daily Chronicle Discussion <b>3:00</b> MH Happy Hour	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Monarch Stroll & Roll Walking Group <b>3:00</b> Flower Arranging <b>4:00</b> Resident 1:1	<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Stretch & Flex with T <b>4:00</b> Resident 1:1
<b>31</b> 🎂	<b>Happy Birthday</b> 🎂					
<b>9:30</b> Daily Chronicle Discussion <b>10:00</b> Worship Service With Pastor Lesley : Non-Denominational <b>4:00</b> Resident 1:1	<b>May 17</b> Susan Nadelson	<b>May 31</b> Allegra Donaldson				