



June 2026

Monarch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
Happy Birthday 🎂 Martin Millard - June 4th	9:30 Daily Chronicle Discussion 10:00 Music Therapy with Kiemel 1:30 Boxing with Bret 2:00pm Hydration and Snack 3:00pm News and Facts	9:30 Daily Chronicle Discussion 10:00 Exercise with Maynette 1:00 Disco Bingo 2:00pm Hydration and Snack Social 3:00Pm Arts and Crafts	9:30 Daily Chronicle Discussion 10:00 Beach Ball Toss Exercise 11:00 Men's Hand Massages 1:00 The Perk 2:00 Nature Narratives 3:00 Bible Study with Andrew 4:00 Resident 1:1	9:30 Daily Chronicle Discussion 10:00 Chair Yoga 11:00 The Perk 1:00 Craft Corner 2:30 Happy Hour and Music 4:00 Puzzles and Games	9:30 Daily Chronicle Discussion 10:00 Monarch Stroll & Roll Walking Group 1:00 The Perk 2:00 Ice Cream Social 3:00 Coloring Corner	9:30 Daily Chronicle Discussion 10:00 Tai Chi 11:00 Bingo 2:00 Craft Corner 3:00 Movie Matinee 4:00 Resident 1:1
7	8	9	10	11	12	13
9:30 Daily Chronicle Discussion 10:00 Red Rocks Church Service 11:00 Sing-a-Long 1:00 Baking with Friends 2:00 Would you Rather 3:00 Water Color Painting	9:30 Daily Chronicle Discussion 10:00 Music Therapy with Kiemel 1:30 Boxing with Bret 2:00pm Hydration and Snack 3:00pm News and Facts	9:30 Daily Chronicle Discussion 10:00 Exercise with Maynette 1:00 Disco Bingo 2:00pm Hydration and Snack Social 3:00Pm Arts and Crafts	9:30 Daily Chronicle Discussion 10:00 Beach Ball Toss Exercise 11:00 Name That Tune 2:00 Music Therapy with Hope 3:00 Bible Study with Andrew 4:00 Resident 1:1	9:30 Daily Chronicle Discussion 10:00 Stretch n' Flex 11:00 Virtual Travel to Asia 1:00 The Perk 2:30 Happy Hour and Music 4:00 Coloring Corner	9:30 Daily Chronicle Discussion 10:00 Monarch Stroll & Roll Walking Group 11:00 Cranium Crunches 1:00 The Perk 2:00 Cookies & Lemonade 3:00 Puzzles and Games	9:30 Daily Chronicle Discussion 10:00 Tai Chi 11:00 Bingo 1:00 The Perk 2:00 Craft Corner 3:00 Movie Matinee 4:00 Resident 1:1
14	15	16	17	18	19	20
9:30 Daily Chronicle Discussion 10:00 Red Rocks Church Service 11:00 Flag Day Trivia 1:00 Baking with Friends 2:00 Craft Corner 3:00 Puzzles and Games	9:30 Daily Chronicle Discussion 1:30 Boxing with Bret 2:00pm Hydration and Snack 3:00pm News and Facts	9:30 Daily Chronicle Discussion 10:00 Exercise with Maynette 1:00 Music and Bingo 2:00pm hydration and Snack Social 3:00Pm Arts and Crafts	9:30 Daily Chronicle Discussion 10:00 Beach Ball Toss Exercise 11:00 Summer Trivia 1:00 The Perk 2:00 Nature Narratives 3:00 Bible Study with Andrew 4:00 Resident 1:1	9:30 Daily Chronicle Discussion 10:00 Balloon Toss Noodle Excercise 11:00 Ladies Manicures 1:00 Craft Corner 2:30 Happy Hour and Music 2:30 Family Council	9:30 Daily Chronicle Discussion 10:00 Beach Ball Toss 11:00 Cranium Crunches 1:00 Craft Corner 2:00 Cookies & Lemonade 3:00 Meditation and Breathing	9:30 Daily Chronicle Discussion 10:00 Tai Chi 11:00 Bingo 1:00 The Perk 2:00 Sing-a-Long with Mary Sue 3:00 Movie Matinee 4:00 Resident 1:1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
9:30 Daily Chronicle Discussion 10:00 Red Rocks Church Service 11:00 Summer Solstice "Sun" Music 1:00 Painting 2:00 Father's Day Trivia 3:00 Puzzles and Games	9:30 Daily Chronicle Discussion 10:00 Music Therapy with Kiemel 1:30 Boxing with Bret 2:00pm Hydration and Snack 3:00pm News and Facts	9:30 Daily Chronicle Discussion 10:00 Exercise with Maynette 1:00 Disco Bingo 2:00pm hydration and Snack Social 3:00Pm Arts and Crafts	9:30 Daily Chronicle Discussion 10:00 Chair Yoga 11:00 Bingo 1:00 The Perk 2:00 Snack Crate Tasting 3:00 Bible Study with Andrew 4:30 Monarch Family Dinner	9:30 Daily Chronicle Discussion 10:00 Stretch n' Flex 11:00 Loteria 1:00 The Perk 2:30 Happy Hour and Music 4:00 Coloring Corner	9:30 Daily Chronicle Discussion 10:00 Monarch Stroll & Roll Walking Group 11:00 Cranium Crunches 2:00 Magnetic Fishing Game 3:00 Story Time	9:30 Daily Chronicle Discussion 10:00 Chair Yoga 11:00 Sing-a-Long 1:00 The Perk 2:00 Bingo 3:00 Movie Matinee 4:00 Resident 1:1
28	29	30	Happy Birthday 🎂			
9:30 Daily Chronicle Discussion 10:00 Red Rocks Church Service 11:00 Sing-a-Long 1:00 The Perk 2:00 Virtual Travel to Canada 3:00 Craft Corner	9:30 Daily Chronicle Discussion 10:00 Music Therapy with Kiemel 1:30 Boxing with Bret 2:00pm Hydration and Snack 3:00pm News and Facts	9:30 Daily Chronicle Discussion 10:00 Exercise with Maynette 1:00 Disco Bingo 2:00pm Hydration and Snack Social 3:00Pm Arts and Crafts	Martin Millard - June 4th			