



May 2026

The Flats

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 🍰	2 🍰
					10:00 Exercise with Maynette (CH) 11:00 Flower Girl Group (CH) 1:30 Travels with Toni: West Virginia (TR) 4:00 Happy Hour (CH)	10:00 Coffee and Donuts 1:30 The Carol Burnett Show (TR)
3	4	5	6	7	8	9 🍰
9:45 Stonebriar Church Service (TR) 11:30 Sunday Brunch	10:00 Exercise with Maynette (CH) 10:30 Pinochle Card Game (B) 12:00 Erin Brock Nutritionist: Heart Disease and Stroke (CH) 4:00 <i>Out to Dinner: Szechuan Cuisine</i>	10:30 Workout with Tyler (CH) 11:30 Resident Lunch Buffet (VG) 1:00 Travel Tuesday: Wonders of Mexico (TR) 1:30 Mahjongg Group (CH) 4:00 Margaritas with Chips and Salsa on the Patio (B) 6:30 Movie Night: La La Land (TR)	10:00 Exercise with Maynette (CH) 1:00 Mother's Day Floral Workshop (CH) 1:30 Curious Dragonfly Presentation: Geological History of Colorado (TR) 2:00 Mariachi Band Performance (3 rd Flr) 2:00 Bible Study with Andrew (LER)	10:00 Chair Yoga/ Seated Exercise with Kim (CH) 11:00 <i>Picnic at Addenbrooke Park</i> 11:15 Film Discussion – Zoom 3:00 Rummikube Group (CH) 4:00 Ice Cream Sundae Bar (CH)	10:00 Exercise with Maynette (CH) 11:00 Flower Girl Group (CH) 10:00am- 3:00 Patch of Poppies Mother's Day Sale (Main Lobby) 12:30 <i>King Soopers Shopping Trip</i> 1:00 Active Minds Presentation: Neil Diamond (TR) 4:00 Happy Hour (CH) ERIN OFF	10:00 Aces of Bridge Club (VG) 1:00 Chair Yoga/ Seated Exercise with Trina (CH) 1:30 The Carol Burnett Show (TR)
10	11 🍰	12	13	14 🍰	15 🍰	16
9:45 Stonebriar Church Service (TR) 11:30 Mother's Day Brunch	10:00 Exercise with Maynette (CH) 10:30 Pinochle Card Game (B) 1:00 Making Suncatchers with Jadea (2 ND Flr) 6:30 Movie: High Society (TR) ERIN OFF	10:30 Workout with Tyler (CH) 11:30 Resident Lunch Buffet (VG) 1:00 Travel Tuesday: Iceland (TR) 1:30-3:00 Ems Ice Cream Truck- Main Entrance 1:30 Mahjongg Group (CH) 4:00 <i>Women's Dinner: Little India</i> 6:30 Movie Night: Places In the Heart (TR)	10:00 Exercise with Maynette (CH) 12:00 France Snack Tasting/Documentary (CH) 2:00 Bible Study with Andrew (LER) 2:00 VAB Book Group (7911-201)	9:00 Honduras Coffee and Pastries (CH) 10:00 Chair Yoga/ Seated Exercise with Kim (CH) 10:00 Donkey and Llama Visit (Main Entrance) 11:15 Film Discussion - Zoom 2:00 Shared Journeys Discussion Group (DR) 3:00 Rummikube Group (CH)	10:00 Exercise with Maynette (CH) 11:00 Flower Girl Group (CH) 1:00 Active Minds Presentation: Cuba (TR) 4:00 Happy Hour (CH)	10:00 Coffee and Donuts 1:30 The Carol Burnett Show (TR)

CH = Clubhouse, TR = Theater Room (2ND FLR), B = Bistro, VG = Village Grill (DINING ROOM), LER = Life Enrichment Room, DR = Discovery Room (NEXT TO BISTRO)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 🍰	18 🍰	19	20	21	22 🍰	23
9:45 Stonebriar Church Service (TR) 11:30 Sunday Brunch	10:00 Exercise with Maynette (CH) 10:30 Pinochle Card Game (B) 11:30 <i>Men's Lunch: Torchy's Tacos</i> 1:00 Making Bookmarks (2 nd Flr) 4:00 Spiked Lemonade Social (CH)	10:30 Workout with Tyler (CH) 11:30 Resident Lunch Buffet (VG) 1:00 Travel Tuesday: Romania (TR) 1:30 Mahjongg Group (CH) 4:00 May Birthday Celebration (CH) 6:30 Movie Night: West Side Story (TR)	10:00 Exercise with Maynette (CH) 11:00-2:30 Home Massages with Laura 2:00 Bible Study with Andrew (LER) 3:30 Wine Down Wednesday: Johnathan Sherrill (VG)	10:00 Chair Yoga/ Seated Exercise with Kim (CH) 11:15 Film Discussion - Zoom 1:00 Hearing Aid Clinic (CH) 2:00-4:00 Karaoke Social (CH) 3:00 Rummikube Group (B) 5:30 <i>LSO Pre Concert Dinner Event</i> 7:00 <i>Lakewood Symphony Orchestra: 1840</i>	10:00 Exercise with Maynette (CH) 11:00 Flower Girl Group (CH) 12:30 <i>King Soopers Shopping Trip</i> 4:00 Happy Hour (CH)	10:00 Aces of Bridge Club (VG) 1:00 Chair Yoga/ Seated Exercise with Trina (CH) 1:30 The Carol Burnett Show (TR)
24 🍰	25	26	27	28 🍰	29	30
9:45 Stonebriar Church Service (TR) 11:30 Sunday Brunch	10:00 Exercise with Maynette (CH) 10:30 Pinochle Card Game (B) 11:00 Memorial Day BBQ with Live Entertainment (East End) 1:00 Bocce with Erin (Bocce Courts)	10:30 Workout with Tyler (CH) 11:30 Resident Lunch Buffet (VG) 11:30 <i>Out to Lunch: Snarfs Sandwiches</i> 1:00 Travel Tuesday: Athens (TR) 1:30 Mahjongg Group (CH) 4:00 Spirit Tasting with Dirgo (CH) 6:30 Movie Night: Sea Biscuit (TR)	10:00 Exercise with Maynette (CH) 2:00 Community Chat (CH) 2:00 Bible Study with Andrew (LER) 4:00 BINGO & Dinner (VG)	10:00 Chair Yoga/ Seated Exercise with Kim (CH) 11:15 Film Discussion – Zoom 1:30 Travels with Chris Wells Presentation: Mexico- The Land of Extremes (TR) 2:30 Nancy Hahn & Marlene Koretekaas' Favorite Pieces (3 rd Flr) 3:00 Rummikube Group (CH) 4:00 Country Western Performance with Paul Morphis (CH)	9:00 Dunkin Donuts with Danuel (CH) 10:00 Exercise with Maynette (CH) 11:00 Flower Girl Group (CH) 12:30 Dirty Soda Bar (IL Patio) 4:00 Happy Hour (CH)	10:00 Coffee and Donuts 1:30 The Carol Burnett Show (TR)
31 🍰	Happy Birthday 🍰					
9:45 Stonebriar Church Service (TR) 11:30 Sunday Brunch	May 01 Mary Carlson May 09 Daniel Volini May 10 Marcia Kaufman	May 14 Rick Bailey May 18 Mollie Sue Arthur May 22 James Murphy	May 24 Ann Heyler May 30 Jean Foreman May 30 Joe Carlson			

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