



# April 2026

## The Flats

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 🍰	<b>2</b>	<b>3</b>	<b>4</b>
			<b>10:00</b> Exercise with Maynette (CH) <b>1:30</b> Curious Dragonfly Presentation: Going Back in Time, Geological History of Colorado (TR) <b>2:00</b> Bible Study with Andrew (LER)	<b>8:30</b> <i>Out to Breakfast: Einstein Bagels</i> <b>10:00</b> Chair Yoga/ Seated Exercise with Kim (CH) <b>11:15</b> Film Discussion – Zoom <b>12:00</b> Show and Tell Discussions (CH) <b>2:30</b> Documentary: Easter Island (TR)	<b>10:00</b> Exercise with Maynette (CH) <b>11:00</b> Flower Girl Group (CH) <b>1:30</b> Travels with Toni: Northern Irland (TR) <b>1:30</b> Beginning Mahjongg Group (CH) <b>4:00</b> Happy Hour (CH)	<b>10:00</b> Coffee and Donuts- (VG) <b>1:30</b> Series: A Man on the Inside (TR)
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> 🍰	<b>9</b>	<b>10</b> 🍰	<b>11</b>
<b>9:45</b> Stonebriar Church Service (TR) <b>11:30</b> Easter Brunch (VG)	<b>10:00</b> Exercise with Maynette (CH) <b>10:30</b> Pinochle Card Game (B) <b>12:00</b> Erin Brock Nutritionist: Lung Health (CH) <b>3:00</b> Coffee Filter Butterflies (2 <sup>nd</sup> Flr) <b>6:30</b> Movie: Walk. Ride. Rodeo (TR) <b>ERIN OFF</b>	<b>10:30</b> Workout with Tyler (CH) <b>11:30</b> Resident Lunch Buffet (VG) <b>12:00</b> Sherbert Floats (CH) <b>1:00</b> Travels with Rick Steeves: Amsterdam (TR) <b>1:30</b> Mahjongg Group (CH) <b>4:00</b> Topsy Tuesday with Taylor: Mai Thais (CH) <b>6:30</b> Movie Night: Penguin Bloom (TR)	<b>10:00</b> Exercise with Maynette (CH) <b>11:30</b> Scenic Drive: <b>2:00</b> Bible Study with Andrew (LER) <b>2:00</b> VAB Book Group (7911-201) <b>2:00</b> Easter Sip and Paint with Rob Vidimos (CH)	<b>10:00</b> Chair Yoga/ Seated Exercise with Kim (CH) <b>11:15</b> Film Discussion - Zoom <b>2:00</b> Shared Journeys Discussion Group (DR) <b>3:00</b> Rumikube Group (CH) <b>7:00</b> <i>Lakewood Symphony Orchestra: 1932</i>	<b>10:00</b> Exercise with Maynette (CH) <b>11:00</b> Flower Girl Group (CH) <b>12:30</b> King Soopers Shopping Trip <b>1:00</b> Active Minds Presentation: Doris Day (TR) <b>1:30</b> Beginning Mahjongg Group (CH) <b>4:00</b> Happy Hour (CH)	<b>10:00</b> Aces of Bridge Club (VG) <b>1:00</b> Chair Yoga/ Seated Exercise with Trina (CH) <b>1:30</b> Series: A Man on the Inside (TR)

CH = Clubhouse, LER = Life Enrichment Room, TR = Theater Room (2ND FLR), B = Bistro, VG = Village Grill (DINING ROOM), DR = Discovery Room (NEXT TO BISTRO)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>12</b> 9:45 Stonebriar Church Service (TR) 11:30 Sunday Brunch (VG)	<b>13</b> 10:00 Exercise with Maynette (CH) 10:30 Pinochle Card Game (B) 12:00 Greece Snack Tasting/ Documentary (CH) 4:00 BINGO and Dinner (VG)	<b>14</b> 10:30 Workout with Tyler (CH) 11:30 Resident Lunch Buffet (VG) 1:00 Travels with Rick Steeves: Holland (TR) 1:30 Mahjongg Group (CH) 4:00 <i>Out to Dinner:</i> 6:30 Movie Night: The Singers (TR)	<b>15</b> 🍰 8:30 Pancake Breakfast with Snooze Eatery (VG) 10:00 Exercise with Maynette (CH) 11:00- 2:30 Home Massages with Laura (APT) 2:00 Bible Study with Andrew (LER) 3:30 Wine Down Wednesday:	<b>16</b> 8:30 Burrito Bugggy (Byers Ave) 10:00 Chair Yoga/ Seated Exercise with Kim (CH) 11:15 Film Discussion – Zoom 11:30 <i>Women’s Lunch:</i> 1:00 Hearing Aid Clinic (CH) 3:00 Rumikube Group (CH)	<b>17</b> 10:00 Exercise with Maynette (CH) 11:00 Flower Girl Group (CH) 1:00 Active Minds Presentation: Iran (TR) 1:30 Beginning Mahjong Group (CH) 4:00 Happy Hour (CH)	<b>18</b> 10:00 Coffee and Donuts (CH) 1:30 Series: A Man on the Inside (TR)
<b>19</b> 9:45 Stonebriar Church Service (TR) 11:30 Sunday Brunch (VG)	<b>20</b> 10:00 Exercise with Maynette (CH) 10:30 Pinochle Card Game (B) 1:00 Craft: CD Suncatchers (2 <sup>nd</sup> Flr) 3:00 Playing Jenga (2 <sup>nd</sup> Flr) 6:30 Movie: Faith in the Flames (TR)  ERIN OFF	<b>21</b> 🍰 10:30 Workout with Tyler (CH) 11:30 Resident Lunch Buffet (VG) 12:00-2:00 Chez Vous Clothing Boutique (CH) 1:30 Mahjongg Group (B) 2:00 Travels with Rick Steeves: Art of the Modern Age (TR) 4:00 <i>Men’s Dinner:</i> 6:30 Nobody 2 (TR) BLACKJACK	<b>22</b> 10:00 Exercise with Maynette (CH) 12:15 <i>Come From Away @ The Arvada Center</i> 2:00 Bible Study with Andrew (LER) 4:00 Sangria Social (CH)	<b>23</b> 🍰 9:00 Cinnamon Rolls & Coffee Social (CH) 10:00 Chair Yoga/ Seated Exercise with Kim (CH) 11:15 Film Discussion – Zoom 1:30 Travels with Chris Wells Presentation: Pacific Northwest National Parks & Oregon Coast (TR) 3:00 Rumikube Group (CH)	<b>24</b> 10:00 Exercise with Maynette (CH) 11:00 Flower Girl Group (CH) 11:00- 2:30 Spring Vendor Market (Main Lobby) 1:30 Beginning Mahjongg Group (CH) 4:00 Happy Hour (CH)	<b>25</b> 10:00 Aces of Bridge Club (VG) 12:00 Chair Yoga/ Seated Exercise with Trina (CH) 1:30 Series: A Man on the Inside (TR)
<b>26</b> 9:45 Stonebriar Church Service (TR) 11:30 Sunday Brunch (VG)	<b>27</b> 10:00 Exercise with Maynette (CH) 10:30 Pinochle Card Game (B) 12:00 Community Chat (CH) 1:30 Strawberry & Peach Mimosas (CH) 6:30 Cocktails and Trivia Night (CH)	<b>28</b> 10:30 Workout with Tyler (CH) 11:30 Resident Lunch Buffet (VG) 12:00 <i>Out to Lunch:</i> 1:30 Mahjongg Group (CH) 2:00 Travels with Rick Steeves: Art of Ancient Rome (TR) 6:30 Movie Night: Feel the Beat (TR)	<b>29</b> 9:00 Strawberry Banana Smoothies (CH) 10:00 Exercise with Maynette (CH) 2:00 Bible Study with Andrew (LER) 5:00 Bocce Social with Erin (Bocce Courts)	<b>30</b> 9:00 Peru Coffee and Pastries (CH) 10:00 Chair Yoga/ Seated Exercise with Kim (CH) 11:15 Film Discussion – Zoom 2:00-3:30 Parkinsons Awareness Social (CH) 3:00 Rumikube Game (B) 4:30 April Birthday Celebration (CH)	<b>Happy Birthday</b> 🍰  Apr 08 Bob Bennett Apr 15 Michael Collins Apr 21 Ann Bailey Apr 23 Richard Arthur	

CH = Clubhouse, LER = Life Enrichment Room, TR = Theater Room (2ND FLR), B = Bistro, VG = Village Grill (DINING ROOM), DR = Discovery Room (NEXT TO BISTRO)