



MAY 2025

INDEPENDENT LIVING

SUN

MON

TUE

WED

THU

FRI

SAT

				10:30 Tai Chi with Eric- CH 1 12:00 Wonders of Mexico Documentary- CH 4:00 Spiked Horchata Social- CH	10:00 Exercise with Maynette- CH 2 11:00 Dining Room Floral Arrangements- CH 11:15 Film Discussion Group- Zoom 12:30 <i>King Soopers Shopping Trip</i> 1:30 Travels with Toni: Origins of Mother's and Father's Day- TR 4:00 Happy Hour- CH	10:00 Coffee and Donuts- VG 3 1:00 Tai Chi with Eric- CH 1:00 Documentary: Live to 100: Secrets of the Blue Zones-TR 4:00 Kentucky Derby Watch Party- CH
9:45 Stonebriar Church Service- TR 4 11:30 Sunday Brunch- VG 1:00 The Making of Star Wars: 1977 Documentary- TR	10:00 Exercise with Maynette- CH 5 10:30 Pinochle Card Game- Bistro 12:00 Activities Idea Discussion- CH 1:00 How to Read a Movie with Arlene Pickett- TR 3:00 Movie: Coco- TR 4:00 Jalapeño Margaritas on the Deck- 2 nd Flr	10:30 Workout with Tyler- CH 6 11:30 Resident Lunch Buffet- VG 1:30 Mahjongg Group- CH 2:00 Mariachi Band Performance- 3 rd Flr 3:00 Knitting Group- VG 6:30 Movie Night: The Long Game- TR	10:00 Exercise with Maynette- CH 7 10:00-2:30 Home Massages with Laura 12:00 The Story of YOU- CH 3:00 Michelada Social- CH 4:00 Melissa Trader Cinco de Mayo Dance Performance-CH	9:00 Blueberry Breakfast Smoothies- CH 8 10:30 Tai Chi with Eric- CH 12:00 Singles Luncheon- VG 2:00 Shared Journey's Discussion Group- DR 5:00 Bocce with Phil Shapiro- Bocce Courts	10:00 Exercise with Maynette- CH 9 11:00 Dining Room Floral Arrangements- CH 11:00-3:00 Spring Holiday Market Vendor Sale- Lobby/CH 11:15 Film Discussion Group- Zoom 1:00 Active Minds Presentation: Brian Wilson- TR 4:00 Happy Hour- CH	10:00 Aces of Bridge Club- VG 10 1:00 Documentary: Live to 100: The Secrets of the Blue Zones- TR
9:45 Stonebriar Church Service- TR 11 11:30 Mother's Day Brunch- VG 1:30 Momasas- CH	10:00 Exercise with Maynette- CH 12 10:30 Pinochle Card Game- Bistro 1:00 How to Read a Movie with Arlene Pickett- TR 3:00 Rock Painting with Jadea- 2 nd Flr ERIN OFF	10:30 Workout with Tyler- CH 13 11:30 Resident Lunch Buffet- VG 1:00-3:00 Ems Ice Cream Truck- Main Entrance 1:30 Mahjongg Group- CH 3:00 Knitting Group- VG 6:30 Movie Night: Field of Dreams- TR 6:30 Cocktails and Trivia- CH	10:00 Exercise with Maynette- CH 14 11:30 Taste of Indonesia- TR 12:00 Mary Carlson Indonesia Presentation- TR 2:00 VAB Book Group- TR 4:00 <i>Out to Dinner: 4 G's Mexican Restaurant</i>	9:00 Costa Rica Coffee and Pastries- CH 15 10:30 Tai Chi with Eric- CH 10:30 <i>Out to Lunch: Casa Bonita</i> 1:00 Hearing Aid Clinic- CH 4:00 Spirits Tasting with Diego- CH	10:00 Exercise with Maynette- CH 16 11:00 Dining Room Floral Arrangements- CH 11:15 Film Discussion Group- Zoom 12:30 <i>King Soopers Shopping Trip</i> 1:00 Active Minds Presentation: South Korea- TR 4:00 Happy Hour- CH	10:00 Coffee and Donuts- VG 17 1:00 Tai Chi with Eric- CH 1:00 Documentary: Live to 100: The Secrets of the Blue Zones- TR
9:45 Stonebriar Church Service- TR 18 11:30 Sunday Brunch- VG	10:00 Exercise with Maynette- CH 19 10:30 Pinochle Card Game- Bistro 12:00 Erin Brock: Bone Health and Arthritis- CH 1:00 How to Read a Movie with Arlene Pickett- TR 4:00 <i>Women's Dinner: Cava Mediterranean Cuisine</i>	9:00 Burrito Buggy Delivery- Byers Ave 20 10:30 Workout with Tyler- CH 11:30 Resident Lunch Buffet- VG 1:30 Mahjongg Group- CH 3:00 Knitting Group- VG 6:30 Movie Night: A Fortunate Man- TR	10:00 Exercise with Maynette- CH 21 10:00-2:30 Home Massages with Laura 11:30 <i>Men's Lunch: Kickin Chicken</i> 2:00 VAB Culinary Chat- CH 3:30 Wine Down Wednesday: Daniel Ondaro- VG	10:30 Tai Chi with Eric- CH 22 12:00 Munchies with Mariah- CH 1:30 Travels with Chris Wells: 3:00 New Resident Meet and Greet- VG 7:00 <i>Lakewood Symphony Orchestra: The Impossible Dream</i>	10:00 Exercise with Maynette- CH 23 11:00 Dining Room Floral Arrangements- CH 11:15 Film Discussion Group- Zoom 1:00 Build Your Own Taco Bar- CH 4:00 Happy Hour- CH	10:00 Aces of Bridge Club- VG 24 1:00 Documentary: Live to 100: The Secrets of the Blue Zones- TR
9:45 Stonebriar Church Service- TR 25 11:30 Sunday Brunch- VG	10:00 Exercise with Maynette- CH 26 10:30 Pinochle Card Game- Bistro 11:30 Memorial Day BBQ with RETRO Band- IL Patio	10:30 Workout with Tyler- CH 27 11:30 Resident Lunch Buffet- VG 1:30 Mahjongg Group- CH 2:00 Trinity Youth Choir & Handbell Performance- East Entrance 2:00 Ems Ice Cream Truck- East Entrance 3:00 Knitting Group- VG 6:30 Movie Night: The Hateful Eight- TR	10:00 Exercise with Maynette- CH 28 11:30 Picnic at Addenbrooke Park 2:00 VAB Community Chat- CH 4:00 BINGO & Dinner- VG	8:00 <i>Out to Breakfast: Sunrise Sunset</i> 29 10:30 Tai Chi with Eric- CH 1:00- 3:00 Wellness Fair- Main Lobby 3:30 May Birthday Celebration- CH	10:00 Exercise with Maynette- CH 30 11:00 Dining Room Floral Arrangements- CH 11:15 Film Discussion Group- Zoom 12:30 <i>King Soopers Shopping Trip</i> 1:00 Curious Dragonfly Presentation: Fossil Forensics CSI Prehistoric Edition- TR 4:00 Happy Hour- CH	10:00 Coffee and Donuts- VG 31 1:00 Tai Chi with Eric- CH 1:00 Documentary: Becoming- The Story of Michelle Obama- TR