



# APRIL 2025

INDEPENDENT LIVING  
TUE

WED



THU



FRI



SAT

		<b>10:30</b> Workout with Tyler- CH <b>11:30</b> Resident Lunch Buffet- VG <b>2:00</b> Gail Duhamel's 90 <sup>th</sup> Birthday Celebration- CH <b>3:00</b> Knitting Group- VG <b>6:30</b> Movie Night: Come Sunday- TR	<b>10:00</b> Exercise with Maynette- CH <b>11:00-4:00</b> Home Massages with Laura <b>12:00</b> Taste of Tiwan/ Documentary- CH <b>3:30</b> Wine Down Wednesday: Scott Hackler- VG	<b>10:30</b> Tai Chi with Eric- CH <b>12:00</b> Easter Centerpiece Craft with Jadea- CH <b>1:30</b> Mahjongg Group- CH  <b>ERIN OFF</b>	<b>10:00</b> Exercise with Maynette- CH <b>11:00</b> Dining Floral Room Arrangements- CH <b>11:15</b> Film Discussion Group- Zoom <b>12:30</b> King Soopers Shopping Trip <b>4:00</b> Happy Hour- CH <b>ERIN OFF</b>	<b>10:00</b> Coffee and Donuts- VG <b>1:00</b> Tai Chi with Eric- CH <b>1:00</b> Documentary: Inside the Enchanted Forests- TR
<b>9:45</b> Stonebriar Church Service- TR <b>11:30</b> Sunday Brunch- VG	<b>10:00</b> Exercise with Maynette- CH <b>10:30</b> Pinochle Card Game- Bistro <b>3:00</b> Movie: The Founder- TR <b>4:00</b> Beer and Chips Social- CH <b>ERIN OFF</b>	<b>10:30</b> Workout with Tyler- CH <b>11:30</b> Resident Lunch Buffet- VG <b>1:30</b> Mahjongg Group- CH <b>3:00</b> Knitting Group- VG <b>6:30</b> Movie Night: Steel Magnolias- TR	<b>10:00</b> Exercise with Maynette- CH <b>11:00</b> DU Knobel Inst. For Healthy Aging RYAN the Robot- TR <b>12:30</b> Fruit and Yogurt Social- CH <b>2:00</b> VAB Book Group- TR	<b>9:00</b> Burrito Buggy Delivery Byers Ave <b>10:30</b> Tai Chi with Eric- CH <b>12:00</b> Decorating Mini Floral Pots-CH <b>2:00</b> Shared Journey's Discussion Group- DR <b>4:00</b> <i>Out to Dinner: The Patio</i>	<b>10:00</b> Exercise with Maynette- CH <b>11:00</b> Dining Room Floral Arrangements- CH <b>11:15</b> Film Discussion Group- Zoom <b>1:00</b> Active Minds Presentation: Music Comes Alive- TR <b>4:00</b> Happy Hour- CH	<b>9:00</b> Meditation & Sound bath with Jeff Lane- CH <b>10:00</b> Aces of Bridge Club- VG <b>1:00</b> Documentary: Inside the Enchanted Forests- TR
<b>9:45</b> Stonebriar Church Service- TR <b>11:30</b> Sunday Brunch- VG	<b>10:00</b> Exercise with Maynette- CH <b>10:30</b> Pinochle Card Game- Bistro <b>12:00</b> Cubigo Tech Support- CH <b>1:00</b> How to Read a Movie with Arlene Pickett- TR <b>3:00</b> <i>Outing to Eternal Flavors Bakery</i>	<b>10:30</b> Workout with Tyler- CH <b>11:30</b> Resident Lunch Buffet- VG <b>1:30</b> Mahjongg Group- CH <b>3:00</b> Knitting Group- VG <b>6:30</b> Movie Night: Ben-Hur (1959) <b>6:30</b> Cocktails and Trivia Night-CH	<b>10:00</b> Exercise with Maynette- CH <b>11:00</b> <i>Outing to the Butterfly Pavillion</i> <b>2:00</b> VAB Culinary Chat- CH <b>4:00</b> Spirits Tasting with Diego- CH	<b>9:00</b> Avocado Toast & Coffee- CH <b>10:30</b> Tai Chi with Eric- CH <b>1:00</b> Curious Dragonfly Presentation: Backyard Bird Bonanza- TR <b>1:00</b> Hearing Aid Clinic- CH <b>4:00</b> Deviled Egg Social- CH	<b>10:00</b> Exercise with Maynette- CH <b>11:00</b> Dining Room Floral Arrangements- CH <b>11:15</b> Film Discussion Group- Zoom <b>12:30</b> King Soopers Shopping Trip <b>1:00</b> Active Minds Presentation: Nuclear Power- TR <b>4:00</b> Happy Hour- CH	<b>10:00</b> Coffee and Donuts- CH <b>1:00</b> Tai Chi with Eric- CH <b>1:00</b> Documentary: Inside the Enchanted Forests- TR
<b>9:45</b> Stonebriar Church Service- TR <b>10:30</b> Photo's with the Easter Bunny- Lobby <b>11:30</b> Sunday Brunch- VG	<b>10:00</b> Exercise with Maynette- CH <b>10:30</b> Pinochle Card Game- Bistro <b>11:00</b> <i>Women's Luch: Lady Nomada</i> <b>1:00</b> How to Read a Movie with Arlene Pickett- TR <b>1:00-3:00</b> Kay Wells Celebration of Life- CH <b>3:00</b> Movie: Inside the Enchanted Forests- TR	<b>10:30</b> Workout with Tyler- CH <b>11:00</b> Travels with Toni: Earth Day: Celebrating 55 Years- TR <b>11:30</b> Resident Lunch Buffet- VG <b>1:30</b> Mahjongg Group- CH <b>3:00</b> Knitting Group- VG <b>6:30</b> Movie Night: The Ten Commandments- TR	<b>10:00</b> Exercise with Maynette- CH <b>11:00-4:00</b> Home Massages with Laura <b>12:00</b> Erin Brock: Sugar and Artificial Sweeteners- CH <b>1:00</b> Picnic on the Patio- 2 <sup>nd</sup> Flr <b>4:00</b> <i>Men's Dinner: Colore Italian Restaurant &amp; Pizzeria</i>	<b>9:00</b> Brazil Coffee & Pastries- CH <b>10:30</b> Tai Chi with Eric- CH <b>1:30</b> Travels with Chris Wells: Sweden- A Nordic Dream- TR <b>4:00</b> BINGO & Dinner- VG	<b>10:00</b> Exercise with Maynette- CH <b>11:15</b> Film Discussion Group- Zoom <b>12:00</b> Planting Pollinator Flowers- Garden Plots <b>2:00</b> Scam Prevention Seminar- TR <b>4:00</b> Happy Hour- CH	<b>10:00</b> Aces of Bridge Club- CH <b>1:00</b> Documentary: Inside the Enchanted Forests- TR
<b>9:45</b> Stonebriar Church Service- TR <b>11:30</b> Sunday Brunch- VG	<b>10:00</b> Exercise with Maynette- CH <b>10:30</b> Pinochle Card Game- Bistro <b>11:30</b> <i>Out to Lunch:</i> <b>1:00</b> How to Read a Movie with Arlene Pickett- TR <b>4:00</b> Hummus Tasting- CH	<b>10:30</b> Workout with Tyler- CH <b>11:30</b> Resident Lunch Buffet- VG <b>11:30-2:00</b> Chez Vous Clothing Boutique- CH <b>1:30</b> Mahjongg Group- CH <b>3:00</b> Knitting Group- VG <b>6:30</b> Movie Night: I Can Only Imagine- TR <b>6:30</b> Cocktails and Trivia Night- CH	<b>10:00</b> Exercise with Maynette- CH <b>12:00</b> Resident Antique Show and Tell- CH <b>2:00</b> VAB Community Chat- CH <b>3:30</b> April Birthday Celebration- VG			