



JANUARY 2025

MONARCH HOUSE



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			<p>1</p> <p>10:00am-Balloon Toss Exercise 11:00am-Mimosas & Muffins 2:00pm-Nature Narratives Garden Class 3:00pm-Decorating new Year 2025 Banner ! 4:00pm-Sticker By Number / Coloring Pages</p>	<p>2</p> <p>10:00am-Chair Stretches w Shaelyn 11:00am-Glam Time w The Ladies 2:30pm-Performance w Joyce Karchere 3:00pm-HAPPY HOUR!!!! 4:00pm-New Year Goals Glamour</p>	<p>3</p> <p>10:00am-Chair Yoga Exercise 11:00am-Snowman Scratch Art 2:00pm-BINGO!!!! 3:00pm-Snowflake Ornament Painting 4:00pm-Movie : MATILDA</p>	<p>4</p> <p>10:00am-Balloon Toss Exercise 11:00am-Men's Hand Massages 2:00pm-Popsicale Stick Ornament Snowman Craft 3:00pm-Winter Card Decorating To Loved Ones 4:00pm-Coloring Pages</p>
<p>5</p> <p>10:00am-Mile High Church Livestream 11:00am-Fruit & Lemonade 2:00pm-Trivia : JANUARY 3:00pm-DIY Penguin Wreaths 4:00pm-Sticker By Number</p>	<p>6</p> <p>10:00am-Chair Yoga Exercise 11:00am-Ladies Spa Manicures & Hand Massages 2:00pm-BINGO!!!! 3:00pm-Hot CoCo Bar Social !! 4:00pm-Doc Series : POLAR BEARS & PENGUINSr</p>	<p>7</p> <p>10:00am-Exercise Class w Maynette 11:00am-Outing : Aquarium 2:00pm- Travel Tuesday: ICELAND 3:00pm-Winter Door Sign Decorating 4:00pm- Coloring Pages</p>	<p>8</p> <p>10:00am-Balloon Toss Exercise 11:00am-BINGO!!!! 2:30pm-ELVIS Party & Performance !!!! - 3rd Floor Dinning Rm 3:00pm-Movie : ELVIS 4:00pm-Sticker By Number/ Rock N' Roll Themed</p>	<p>9</p> <p>10:00am-Chair Stretches Exercise 11:00am-My Favorite Things Lists 2:30pm-Performance w Deb Scheer 3:00pm-HAPPY HOUR!!!! 4:00pm-Snowman Cup Stacking & Cup Pong</p>	<p>10</p> <p>10:00am-Chair Yoga Exercise 11:00am-Flower Arranging w Kathy 2:00pm-DIY Build Your own Snowman 3:00pm-Ladies Spa Manicures & Hand Massages 4:00pm-Movie:FROZEN</p>	<p>11</p> <p>10:00am-Balloon Toss Exercise 11:00am-DIY Winter Slime Making and Decorating 2:00pm-BINGO!!!! 3:00pm-Paint & Sip Class w Shaelyn 4:00pm-Paint By Number</p>
<p>12</p> <p>10:00am-Mile High Church Livestream 11:00am-Coffee & Donuts 2:00pm-BINGO 2:25pm-Colts Vs Broncos Game 3:00pm-Decorating Winter Coffee Mugs 4:00pm-Coloring Pages</p>	<p>13</p> <p>10:00am-Chair Yoga Exercise 11:00am-Snowflake Water Color Painting 2:00pm- Winter Crafting w Compassionate Hospice 3:00pm-Peppermint Mocha Milkshakes Social! 4:00pm-Coloring Pages</p>	<p>14</p> <p>10:00am-Exercise Class w Maynette 11:00am-Ladies Spa Manicures & Hand Massages 2:00pm-Travel Tuesday : VIRGINIA 3:00pm- Making Fake Snow 4:00pm- Winter Coloring Poster</p>	<p>15</p> <p>10:00am-Balloon Toss Exercise 11:00am-Outing : Olive Garden Italian Restraunt 2:30pm-Karoke performance w Marquis 3:00pm-Wine down Wednesday & Puzzles 4:00pm-Hat Coloring Pages</p>	<p>16</p> <p>10:00am-Chair Stretches Exercise 11:00am-BINGO!!! 2:30pm-Performance w Chuck Fisher 3:00pm-HAPPY HOUR!!!! 4:00pm-Don't Break The Ice Game</p> <p>HAPPY B-DAY HERMAN!!!!</p>	<p>17</p> <p>10:00am-Chair Yoga Exercise 11:00am-Meet & Greet Social w Shaelyn 2:00pm-DIY Foam Snowman Wreaths 3:00pm-Root Beer Floats Social!! 4:00pm-Color By Number</p>	<p>18</p> <p>10:00am-Balloon Toss Exercise 11:00am-My Favorite Things Collages 2:00pm-Magical Snowflake Painting 3:00pm-BINGO!!! 4:00pm-Movie : The Wizard Of OZ</p>
<p>19</p> <p>10:00am-Mile High Church Livestream 11:00am-Lemonade & Fruit 2:00pm-Ladies Spa Manicures & Hand Massages 3:00pm-Popcorn Day Social !! 4:00pm-Coloring Pages</p>	<p>20</p> <p>10:00am-Chair Yoga Exercise 11:00am-DIY Foam Gnome winter wreaths 2:00pm-BINGO!!!! 3:00pm-Matching Card Game 4:00pm-Movie : HAIRSPRAY</p>	<p>21</p> <p>10:00am-Exercise Class w Maynette 11:00am-Outing : First Watch 2:00pm-Travel Tuesday : ITALY 3:00pm-Popsicle Stick Photo Frame Decorating 4:00pm- Sticker By Number</p>	<p>22</p> <p>10:00am-Balloon Toss Exercise 11:00am- Color By Number 2:00pm-Nature Narratives Garden Class 3:00pm-Ladies Spa Manicures & Hand Massages 4:00pm- Coloring Pages</p>	<p>23</p> <p>10:00am-Chair Stretches Exercise 11:00am-The Perk & Coffee 2:30pm-Performance w Scott Hackler 3:00pm-HAPPY HOUR B-DAY CELEBRATION!!!! 4:00pm-Snowball Goal Toss Game</p>	<p>24</p> <p>10:00am-Chair Yoga Exercise 11:00am-Winter water Color Painting 2:00pm-BINGO!!!! 3:00pm-Paper Plate Snowman Craft 4:00pm-Movie: The Sound Of Music</p> <p>HAPPY B-DAY PEGGY!!!!!!</p>	<p>25</p> <p>10:00am-Balloon Toss Exercise 11:00am-Salt Crystal Snowflakes science experiment 2:00pm-Alphabet Game Circle 3:00pm-Decorating Winter/ Snowflake Suncatchers 4:00pm- Sticker By Number</p>
<p>26</p> <p>10:00am-Mile High Church Livestream 11:00am-Coffee & Donuts 2:00pm-Decorating Snowflake/winter Photo Frames 3:00pm-BINGO!!! 4:00pm-Sticker By Number</p>	<p>27</p> <p>10:00am-Chair Yoga Exercise 11:00am-Winter water color Painting 2:00pm-Stencil Snowflake Painting 3:00pm-Wine & Cheese Social ! 4:00pm-Coloring Pages</p>	<p>28</p> <p>10:00am-Exercise Class w Maynette 11:00am-I- SPY Pages w Shaelyn 2:00pm-Travel Tuesday: ROMANIA 3:00pm-PIZZA PARTY SOCIAL!!!! 4:00pm-Coliring Pages/ Sticker by Number</p>	<p>29</p> <p>10:00am-Balloon Toss Exercise 11:00am-Ladies Glam Time 2:00pm-BINGO!!! 3:00pm- CPuzzles & Chat w Friends 4:30pm-Monarch Family Dinner Night - IL Clubhouse</p>	<p>30</p> <p>10:00am-Scenic Drive: RED ROCKS AMPHITHEATRE 11:00am-CRossiant Tasting 2:30pm-Performance w Warren Floyd 3:00pm-HAPPY HOUR!!!! 4:00pm-Coloring Pages</p>	<p>31</p> <p>10:00am-Chair Yoga Exercise 11:00am-BINGO!!!! 2:00pm-Flower Arranging 3:00pm-Snackcrate Tasting & Travel Videos 4:00pm-Hot COCO Bar Social & Chat w Friends</p>	<p>January 9th at 9:00-1:00 Podiatrist Clinic (Monarch) January 14th at 1:30pm Caregiver support Group (DR) January 16th at 2:00pm Family Council (DR) January 16th at 1:00pm Hearing Aide Clinic (THR)</p>