



DECEMBER 2024

MONARCH HOUSE



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<p>10:00am-Mile High Church Livestream 11:00am-Coffee & Donuts 11:00-3:00pm- A Patch Of Poppies Vendor Sale- Lobby 2:00pm-Trivia : DECEMBER 3:00pm-Ladies Spa Manicures & Hand Massages 4:00pm-Christmas Sticker By Number</p> <p>1</p>	<p>10:00am-Chair Yoga Exercise 11:00am-Ladies Glam Time 2:00pm-BINGO!!! 3:00pm-DIY Paper Plate Elf Craft 4:00pm-Coloring Pages 6:15pm- Broncos Vs Browns Game</p> <p>2</p>	<p>10:00am-Exercise Class w Maynette 11:00am-Christmas Tree Decorating 2:00pm-Travel Tuesday: Alaska 3:00pm- Christmas Stocking Decorating 4:00pm-Show: The Wheel of Fortune</p> <p>3</p>	<p>10:00am-Balloon Toss Exercise 11:00am-BINGO!!! 12:00pm- CUBIGO Training - 1st Floor Lobby 2:00pm-Nature Narratives Garden Class w Michele 3:00pm-Baking: Chocolate Chip Cookies 4:00pm-Color By Number</p> <p>4</p>	<p>10:00am-Scenic Drive: Evergreen Trail 11:00am-DIY Resident Snow globe Ornaments 2:30pm-Performance w Jane Barnes 3:00pm-HAPPY HOUR!!! 4:00pm- Christmas Card Decorating</p> <p>5</p>	<p>10:00am-Seated Tai Chi Exercise 11:00am-The Perk & Coffee 2:00pm-Holiday Door Sign Decorating 3:00pm-Holiday Punch Mocktail Tasting 4:00pm-Men's Hand Massages</p> <p>6</p>	<p>HAPPY B-DAY LINDA !! 10:00am-Balloon Toss Exercise 11:00am-Men's Hand Massages 2:00pm-BINGO!!! 3:00pm- Lindas Birthday Celebration Social w Cupcakes 4:00pm- Coloring pages / Sticker by Number</p> <p>7</p>
<p>10:00am-Mile High Church Livestream 11:00am-Lemonade & Fruit 2:00pm-Baking: Double Chocolate Brownies 3:00pm-Christmas Sticker By Numbers 4:00pm-Coloring Pages</p> <p>8</p>	<p>10:00am-Chair Yoga Exercise 11:00am-Glam Time w The Ladies 2:00pm-Movie: The Polar Express & Popcorn 3:00pm-Decorating Holiday Christmas Cards 4:00pm-Coloring Pages/Color by number</p> <p>9</p>	<p>10:00am-Exercise Class w Maynette 11:00am-Hot Coco Tasting & The Perk 2:00pm- Brass Quintet Performance -3rd Floor Dinning room 3:00pm-Travel Tuesday: Antartica 4:00pm- Coloring Pages</p> <p>10</p>	<p>10:00am-Balloon Toss Exercise 11:00am-BINGO!!! 2:00pm-Outing: Gaylord Rockies on Ice ft Polar Express Christmas exhibit 3:00pm-Movie : A Christmas Story 4:00pm-Coloring Pages / Sticker By Numbers</p> <p>11</p>	<p>10:00am-Chair Yoga Exercise 11:00am-Men's Hand Massages 2:30pm-Performance w Erin Shay 3:00pm-HAPPY HOUR B-DAY CELEBRATION!!!! 4:30pm-Monarch Family Dinner -IL CBH</p> <p>12</p>	<p>10:00am-Seated Tai Chi Exercise 11:00am-BINGO!!! 2:00pm-Flower Arranging 3:00pm-Popsicle Stick Snowflake Craft 4:00pm-Movie: A Charlie Brown Christmas</p> <p>13</p>	<p>10:00am-Balloon Toss Exercise 11:00am-The Perk & Hot Coco 2:00pm-Q-Tip Christmas Tree Painting 3:00pm-Cotton Ball Snowman Craft 4:00pm-DIY Snowflake Foam Wreaths</p> <p>14</p>
<p>10:00am-Mile High Church Livestream 11:00am-Coffee & Donuts 2:00pm-BINGO w Lumi Care Hospice 2:25pm-Colts Vs Broncos Game 3:00pm-Ladies Spa Manicures & Hand Massages 4:00pm-Show: REBA</p> <p>15</p>	<p>10:00am-Chair Yoga Exercise 11:00am-Coloring Pages & Coffee 2:00pm- Baking: Chocolate Covered Pretzel Foods 3:00pm-Reindeer Ring Toss Game 4:00pm-DIY Foam Christmas Tree Foam Wreaths</p> <p>16</p>	<p>10:00am-Exercise Class w Maynette 11:00am-BINGO!!! 1:00pm- Peaches Choir Performance -Clubhouse 2:00pm-Travel Tuesday: Maine 3:00pm- Puzzles and Coloring Pages 4:00pm-5:00pm- Holiday Christmas Ball !- 1st Floor</p> <p>17</p>	<p>10:00am-Balloon Toss Exercise 11:00am-Ladies Spa Manicures & hand Massages 12:00pm-CUBIGO Training - 1st Floor Lobby 2:00pm-Nature Narratives Garden Class w Michele 3:00pm-Baking : Christmas Cookies & Decorating 4:00pm-Movie: The Nutcracker</p> <p>18</p>	<p>10:00am-Chair Yoga Exercise 11:00am-Holiday Jolly Buddy Bags 2:30pm-Performance w The Denver Dolls 3:00pm-CHRISTMAS HAPPY HOUR!!! 6:30pm- Outing : Blossom's Of Light</p> <p>19</p>	<p>10:00am-Seated Tai Chi Exercise 11:00am-BINGO!!! 2:00pm-DIY Cut Out Snowflake 2:00pm- Highschool Choir Performance- 3rd Floor Dinning room 3:00pm-GingerBread House Decorating 4:00pm-Movie : Jack Frost</p> <p>20</p>	<p>10:00am-Balloon Toss Exercise 11:00am-Christmas Crossword Puzzles 2:00pm-BINGO w Lumi Care Hospice 3:00pm-Harp Performance w Adaleigh 4:00pm-Coloring Pages and Sticker By Number</p> <p>21</p>
<p>10:00am-Mile High Church Livestream 11:00am-Lemonade & Fruit 2:00pm-Baking: Hot Chocolate Cookies 2:05pm- Broncos vs Chargers Game 3:00pm-Crating w Brittany 6:30pm- Scenic Drive: Residential Area Looking at Christmas Lights</p> <p>22</p>	<p>10:00am-Chair Yoga Exercise 11:00am-DIY Foam Christmas Wreaths 2:00pm-Crafting w Compassionate Hospice 3:00pm-Trivia : CHRISTMAS 4:00pm-Movie : A Christmas Carol</p> <p>23</p>	<p>10:00am-Balloon Toss Exercise 11:00am-The Perk & Chat 11:00am-1:00pm- Christmas Eve Lunch 2:00pm-Eggnog Social w Cookies 3:00pm-Movie: Elf and Hot Coco 4:00pm- Sticker By Number Christmas edition</p> <p>24</p>	<p>10:00am-Balloon Toss Exercise 11:00am-The Perk & Hot CoCo 11:00am-1:00pm- Christmas Lunch 2:00pm-Movie : Santa Claus 3:00pm- Christmas Coloring Pages & Puzzles</p> <p>25</p>	<p>10:00am-Chair Yoga Exercise 11:00am-Ladies Spa Manicures & Hand Massages 2:30pm-Performance w Dave Miller 3:00pm-HAPPY HOUR !!!!! 4:00pm- Show: The Wheel of Fortune</p> <p>26</p>	<p>10:00am-Seated Tai Chi Exercise 11:00am-Men's Hand Massages 2:00pm-Flower Arranging 3:00pm-Snackcrate Tasting & Travel Videos 4:00pm-Coloring Pages / Sticker by Number</p> <p>27</p>	<p>10:00am-Balloon Toss Exercise 11:00am-BINGO!!! 2:00pm-Baking :Powdered Pals Snowman 3:00pm- Gold Fish Card Game 4:00pm-Coloring Pages / Sticker By Number</p> <p>28</p>
<p>10:00am-Mile High Church Livestream 11:00am-Coffee & Donuts 2:00pm-BINGO!!!! 3:00pm-Ladies Spa Manicures & Hand Massages 4:00pm-DIY New Years Foam Wreaths</p> <p>HAPPY B-DAY UGENE !!</p> <p>29</p>	<p>10:00am-Chair Yoga Exercise 11:00am-Glam Time w The Ladies 2:00pm-Baking:Chocolate Covered Pretzel Foods 3:00pm-Movie: The Titanic 4:00pm-Decorating New Years Resolution Poster</p> <p>30</p>	<p>10:00am-Balloon Toss Exercise 11:00am-Trivia: New Years & New years Resolutions 2:30pm-Performance w Jeffrey Dallet 3:00pm-New Years Eve Party!!! 4:00pm-Colirng Pages/ Sticker by Number</p> <p>31</p>			<p>December 10th 1:30pm - Caregiver Support Group-DR</p> <p>December 12th 9:00-1:00- Podiatrist Clinic- MC</p> <p>December 26th 2:00pm- Family Council</p>	<p>December 24th 11:00-1:00- Christmas Eve Lunch</p> <p>December 25th 11:00-1:00- Christmas Lunch</p> <p>December 19th 1:00- Hearing Aide Clinic</p>