



OCTOBER 2024

INDEPENDENT LIVING



SUN

MON

TUE

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THU

FRI

SAT

		<p>10:30 Workout with Tyler- CH 11:30 Resident Lunch Buffet- VG 2:00 Activities Discussion- CH 3:00 Knitting Group- VG 6:30 Movie Night: Ghostbusters- TR</p>	<p>10:00 Exercise with Maynette- CH 11:00 Lunch @ Coopers on the Creek & Georgetown Loop 1:00-3:00 Home Massages with Laura 1:00 Making Fabric Pumpkins- 2nd Flr 3:00 S.C Lewis Lecture- TR</p>	<p>10:00 Flu Vaccine Clinic- CH 10:30 Tai Chi with Eric- VG 1:00 Pumpkin Cheesecake Bites- CH 3:00 Bocce with Phil- Bocce Courts 7:00 Lakewood Symphony: All by Myself</p>	<p>10:00 Stretch with Rick- CH 11:00 Flower Arranging-CH 11:00 Mini Pumpkin Flower Accessories- CH 11:15 Film Discussion Gorup-Zoom 12:30 King Soopers Shopping Trip</p>	<p>10:00 Coffee and Donuts- VG 1:00 Tai Chi with Eric- CH 2:00 Documentary: Our Living World- TR</p>
<p>Sunday Brunch- VG Dine in @ 11:30 Pick Up and Delivery @ 1:30 2:00 Broncos VS Raiders- Bistro</p>	<p>10:00 Stretch with Rick- CH 11:00 Pinochle- Bistro 12:00 Out to Lunch: Torchy's Tacos 2:30 Brown Sugar Apples with Caramel Butter- CH 4:00 BINGO & Dinner- VG</p>	<p>10:30 Workout with Tyler- CH 11:30 Resident Lunch Buffet- VG 1:00-3:00 Ems Ice Cream Truck- Main Entrance 1:30 Dementia Caregiver Support Group- DR 3:00 Knitting Group- VG 6:30 Movie Night: Hocus Pocus- TR</p>	<p>8:30 Out to Breakfast: The Chalet 10:00 Stretch with Rick- CH 12:00 Pumpkin Shakes- CH 2:00 VAB Book Group- TR 3:30 Wine Down Wednesday- VG</p>	<p>10:30 Tai Chi with Eric- CH 11:00 Jefferson County Ballot Help- 2nd Flr 12:00 Making Fall Wreaths- CH 2:00 Shared Journey's Group- DR 4:00 Happy Hour- CH</p>	<p>10:00 Exercise with Maynette- CH 11:00 Flower Arranging- CH 11:15 Film Discussion Group-Zoom 1:00 Active Minds: Colorado Violinists- TR 5:00 Dinner Buffet- VG ERIN OFF</p>	<p>10:00 Aces of Bridge Club- VG TBD CU VS Kansas State- Bistro 2:00 Documentary: Our Living World- TR</p>
<p>Sunday Brunch- VG Dine in @ 11:30 Pick Up and Delivery @ 1:30 2:00 Broncos VS Chargers- Bistro</p>	<p>10:00 Exercise with Maynette- CH 11:00 Pinochle- Bistro 1:00 How to Read a Movie with Arlene Pickett- TR 3:00 Baking with Carrie Peters: Orange Glazed Cranberry Bread- CH ERIN OFF</p>	<p>10:30 Workout with Tyler- CH 11:30 Resident Lunch Buffet- VG 3:00 Knitting Group- VG 4:00 Pumpkin White Russians with Kaylee- CH 6:30 Movie Night: Casper the Friendly Ghost- TR ERIN OFF</p>	<p>10:00 Exercise with Maynette- CH 2:00 Nixon Ford & The Constitution Lecture- TR 3:30 Witches Brew & Spooky Treats with Marketing- CH ERIN OFF</p>	<p>10:30 Tai Chi with Eric- CH 12:00 Jets Pizza Party- CH 1:00 Hearing Aid Clinic-TR 3:00 Wine Brand Tasting with Alexis- CH ERIN OFF</p>	<p>10:00 Exercise with Maynette- CH 11:00 Flower Arranging- CH 11:15 Film Discussion Group-Zoom 12:30 King Soopers Shopping Trip 4:00 Happy Hour- CH ERIN OFF</p>	<p>10:00 Coffee and Donuts- VG 1:00 Tai Chi with Eirc- CH TBD CU VS Arizona- Bistro 2:00 Documentary: Our Living World- TR</p>
<p>Sunday Brunch- VG Dine in @ 11:30 Pick Up and Delivery @ 1:30 6:00 Broncos VS Saints- Bistro</p>	<p>9:00 Coffee @ The Village Roaster 10:00 Exercise with Maynette- CH 11:00 Pinochle- Bistro 1:00 How to Read a Movie with Arlene Pickett- TR 4:00 Hot Toddy Social- IL Patio</p>	<p>10:30 Workout with Tyler- CH 11:00 Travels with Toni: Halloween & it's Celtic Origins 11:30 Resident Lunch Buffet- VG 3:00 Knitting Group- VG 4:00 Men's Dinner with Phil Shapiro: 6:30 Movie Night: The Nightmare Before Christmas</p>	<p>9:30 World Coffee Tasting: El Salvador- CH 10:00 Exercise with Maynette- CH 11:30 Women's Lunch: Jamie's Mexican Restaurant 2:00 VAB Culinary Chat- CH 3:30 October Birthday Celebration- VG</p>	<p>10:30 Tai Chi with Eric- CH 12:00 Making Fabric Necklaces- CH 1:30 Travels with Chris Wells: Arizona Ghost Tours, Tales of the Old West- TR 3:30 Aspen Peak Cellars Winery</p>	<p>10:00 Exercise with Maynette- CH 11:00 Flower Arranging- CH 11:15 Film Discussion- Zoom 1:00 Active Minds: Colorado 2024 Ballot Issues- TR 4:00 Happy Hour- CH</p>	<p>10:00 Aces of Bridge Club- VG 11:00 Apple Cider Mimosas- CH TBD CU VS Cincinnati- Bistro 2:00 Documentary: Our Living World- TR</p>
<p>Sunday Brunch- VG Dine in @ 11:30 Pick Up and Delivery @ 1:30 2:00 Broncos VS Panthers- Bistro</p>	<p>10:00 Exercise with Maynette- CH 11:00 Pinochle- Bistro 12:00 Taste of the Philippines/ Documentary- TR 1:00 How to Read a Movie with Arlene Pickett- TR 4:00 Out to Dinner: Imperial Chinese Restaurant</p>	<p>10:30 Workout with Tyler- CH 11:30 Resident Lunch Buffet- VG 3:00 Knitting Group- VG 3:00 VAB Halloween Party- First Flr 6:30 Movie Night: Beetlejuice-TR</p>	<p>10:00 Exercise with Maynette- CH 12:00 Mary Carlson's Cherry Flambe- CH 2:00 VAB Community Chat- CH 4:00 Bingo Hall: Slammers</p>	<p>10:30 Tai Chi with Eric- CH 3:00 Documentary: The History of Halloween- TR 4:00 Halloween Costume Cocktail Hour- CH</p>	<p>PLEASE SIGN UP FOR ALL ACTIVITIES USING CUBIGO CANCELLATIONS LESS THAN 12-24 HOURS NOTICE FOR ACTIVITIES WITHOUT REPLACEMENT (IF NEEDED) WILL BE CHARGED \$10 NO SHOWS FOR ACTIVITIES SIGNED UP FOR WILL BE CHARGED \$10</p>	<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE DUE TO WEATHER, COVID-19, CANCELLATIONS/ LOW SIGN UPS, RESERVATION ISSUES, ETC.</p>