

OCTOBER 2024



COLOR KEY

MON

OUTINGS

are subject to change

ASSISTED LIVING TUE WED

THU

10:00 Fitness w/ Maynette-

10:00 Flu Shot Clinic -CH

2:00 Making Fabric

Pumpkins-LER

Wells -TR

House

1:30 Presentation w/ Chris

12:30 OUTING: King Soopers 4

3:00 Happy Hour w/ live music -

Alexis OFF

10:00 Boxing Class w/ Bret - 11

→ 10:15 Fitness w/ Jordan -LER

1:00 Virtual Travel w/ Rick

2:00 Scrabble Game -LER

11:30 Pizza Party! -LER

1:00 Active Minds: Famous

1:00 RummiKub-LER

1:00 RummiKub-LER

Steves- TR

	10:00 Theater Fitness
	1:00 Boggle -LER
1:00	Caramel Apple Milkshak

2:00 Doc: Our Living world -TR 3:00 Skip -Bo! -LER

Alexis OFF

Purple- Outings *Sign up* Orange-Exercise Green-Food/Drinks Brown- Games Dark Blue- Movies/ **Presentations** Red- Big Events Black- Meetings/Misc.

9:45 Stonebriar Church

transformation through

2:00 Broncos v Raiders

10:00 Coffee & Donuts-LER

Service-TR

Game - TR

1:00 Ted Talk: Self

mindfulness -TR

3:00 UNO! -LER

based on sign ups and weather

Please Sign Up for Outings!!

10:00 VAB Walking Group-1st

2:00 Ice Cream Sundae Social

3:00 Doc: Sea Of Hope -TR

10:00 Theater Fitness

10:00 Theatre Fitness -TR

1:00 Virtual travel w/ Rick

2:00 Skip-Bo!-LER

Steves

Live performance 3DR 3:00 Doc: Octoberfest in **Munich: The Wiesn Madness** 6:30 MOVIE: "Ghost Busters" -10:00 PT Solutions Fitness -

1:30-3:00 EM's Ice Cream

2:00 Apple Cider Floats -LER

Alexis OFF

6:30 MOVIE: "Hocus Pocus"

Truck! -1st Floor

Dominoes-LER

2:00 Mexican Train:

LER

10:00 PT Solutions Fitness-

2:00 Mexican Train -LER

2:00 Octoberfest party w/

1:00 Sip & Paint -LER 2:00 Smoothies! -LER 3:00 Lecture's in History: **C.S Lewis -TR** 3:00 Checkers game -LER 8 10:00 Theatre Fitness- TR 9

10:00 Boxing class w/

Bret-LER

3:00 Activities Chat -LER

11:15 Piano at lunch -3DR 2:00 Book Club -TR 3:00 Lecture's In History: Rise of Industry in the Gilded Age -TR 3:00 Grab and Go Puzzles! -LER

10:00 Fitness w/ Maynette-

11:00 Presidential General Election Voting -2nd Floor 1:00 New resident Meet and Greet! -LER

2:00 Ted Talk: The Power Of **Vulnerability -TR** 4:30 Dinner Outing: Yard

Violinists with a Colorado Connection 2:00 Fall Suncatchers -LER 3:00 Happy Hour w/ live music

10:00 Theater Fitness 10:00 Bridge on 1st Floor 12:00 Outing: Scenic Drive 2:00 BINGO! - 3DR 2:00 Doc: Our Living

World -TR

3:00 Skip-Bo!-LER

9:45 Stonebriar Church Service-TR

Alexis OFF

10:00 VAB Walking Group-1 10:00 Coffee & Donuts-LER 1:00 Ted Talk -TR 1:00 How to read a movie w/ 2:00 Broncos v Chargers **Arlene** Game -TR 2:00 Skip-Bo!-LER 2:00 BINGO!- LER 3:00 Scrabble -LER

Arlene

2:00 Skip-Bo!-LER

the hudson -TR

3:00 Doc: Mars: One day on the red planet -TR 3:00 DIY Reed Diffusers - LER

10:00 VAB Walking Group-Ist Floor

1:00 How to read a moive w/

2:00 World Snack tasting -LER

3:00 Doc: Miracle landing on

10:00 PT Solutions Fitness 14|_{LER} 12:30 OUTING: Target 2:00 Mexican Train: **Dominoes-LER** 3:00 Tartan Fabric Trees-

> LER 6:30 MOVIE: "Casper the Frirndly Ghosts" -TR

15 10:00 Theater Fitness -TR 6 11:30 "Spooky" Pizza making for lunch -LER 2:00 Lecture's In History:

Alexis OFF

Nixon. Ford and the **Constitution -TR** 2:00 Sequence Game -LER 3:00 Food Committee8:30 Breakfast Outing: First Watch 0:00 Fitness w/ Maynette-

2:00 Ted Talk: Do Schools Kill Creativity -TR 2:00-Planting Succulents- LER

3:00 Wine Tasting: Cabernet Sauvignon -CH

6:15 Broncos v Saints -TR

0:15 Fitness Jordan -LER 12:30 OUTING: King Soopers 1:00 RummiKub-LER 2:00 Apple Pie Tasting -LER

9:30 Pumpkin Spice Lattes -

3:00 Happy Hour w/ live music-3DR

10:00 Theater Fitness 12:30 Mattine Movie: "Queen" Bees" -TR 1:00 Making Pumpkin "lanterns" -LER 2:00 BINGO!- 3DR 2:00 Doc: Our Living **World -TR** 3:00 Skip-Bo!-LER

9:45 Stonebriar Church **Service-TR**

10:00 Coffee & Donuts-LER 1:00 Matinee Movie: Matilda

2:00 BINGO!- LER 3:00 Caramel Apple Bites-

Necklace! -LER

4:00 Presentation on early chritianity w/ Earl -TR

10:00 Theater Fitness 10:00 VAB Walking Group-1st 28 10:00 Coffee & Donuts-LER

1:00 How to read a movie w/ **Arlene -TR** 2:00 Skip-Bo! -LER

3:00 DIY Witch Hats- LER

10:00 PT Solutions Fitness -11:30 Lunch Outing: The Rock Pizza

2:00 Mexican Train Dominoes-**LER** 3:00- "Witches Brew" Cocktail

-LER 6:30 MOVIE: "The Nightmare **Before Christmas" TR**

10:00 Theater Fitness -TR 23 1:00 Paint By Number -LER

2:00 Crochet w/ Alexis -LER 3:00 Lecture's In History: The start of Public Health-3:00 Resident Council- LER

1:00 Hearing Aid Clinic-TR 2:00 Ted Talk: Who Are You Really? The puzzle of

personality -TR 3:00 Banana Splits! -LER 4:00 Dinner and a Movie: The Greatest Showman -TR

10:00 Fitness w/ Maynette-7 49:30 World Coffee Tasting-0:00 Boxing Class w/ **Bret-LER**

1:00 RummiKub-LER 1:00 Active Minds: Colorado Ballot 2024 -TR 3:00 Happy Hour w/ live music-3DR

10:00 Bridge on 1st Floor 26 10:00 Theater Fitness 12:00 Outing: Scenic Drive 2:00 Doc: - Our Living **World -TR** 2:00 BINGO!- 3DR

HAPPY BIRTHDAY:

3:00 Skip-Bo!-LER

9:45 Stonebriar Church **Service-TR**

1:00 Manacala Game -LER 2:00 Broncos v Panthers -TR 2:00 BINGO!- LER 3:00 Doc: Titanic: 20 years later 3:00 Make Your own

9:00 Pancake Social! -LER 29 10:00 PT Solutions Fitness -

2:00 Mexican Train -LER 3:00-4:30- Halloween Party!! 1st Floor 6:30 MOVIE: "Beetlejuice"-TR

10:00 Theater Fitness -TR 30 11:30 Womens Luncheon-IL Dining room 1:00 Clav Ghosts -LER 3:00 Lecture's in History: Lewis and Clark Expedition -

3:00 October Birthday

Celebration!! -LER

10:00 Fitness w/ Maynette-1:00 Hearing Aid Clinic-TR 2:00 Ted Talk: The Paradox Of Choice-TR 2:00 Halloween Treats and Cocktails! -LER 3:00 Doc: History of Halloween -TR

Anything on the sign-up sheet requires a sign up prior to event

LER- Life Enrichment Room TR- Theatre Room 3DR- 3rd Floor Dinning CH- 1st Floor Club House

Jerry V -10/05 Sharon P -10/10 Walt P- 10/12 Mary R- 10/21 Ruth A- 10/23 Earl P- 10/28