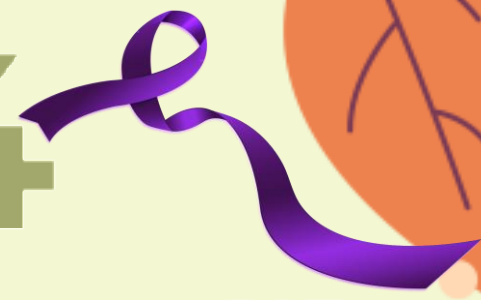




SEPTEMBER 2024

INDEPENDENT LIVING



SUN

MON

TUE

WED

THU

FRI

SAT

<p>Sunday Brunch-VG 1 Dine in @ 11:30 PickUp and Delivery @ 1:30</p> <p>1:00 Documentary: Our Universe- TR</p>	<p>10:00 Exercise with Maynette- CH 2 11:00 Pinochle- Bistro 11:30 Monday Meditation- Zoom 12:00 Labro Day BBQ with Live Entertainment- Bistro/ Patio 2:00 History of Labor Day Documentary: Dave Stotts- TR</p>	<p>10:30 Workout with Tyler- CH 3 11:45-1:45 Chez Vous Boutique- CH 11:30 Resident Lunch Buffet- VG 3:00 Knitting Group- VG 6:30 Movie Night: Divergent-TR</p> <p>ERIN OFF</p>	<p>10:00 Exercise with Maynette- CH 4 11:00-3:00 Home Massages with Laura Mendez 12:00 Making Glass Mug Terraniums- CH 2:00 Palisade Peaches with Vanilla Ice Cream- CH 3:00 <i>Outing: My Favorite Things in Belmar</i></p>	<p>10:30 Tai Chi with Eric- CH 5 11:45 NFL Bronco Histroy Presentation with Scott Perry- TR 2:00 Mary Carlson's Cherry Flambe- CH 4:00 Stein Elementary Chior Performance- CH 4:30 <i>Out to Dinner: Cherry Cricket</i></p>	<p>10:00 Exercise with Maynette- CH 6 11:00 Flower Arranging- CH 11:15 Film Discussion- Zoom 12:30 <i>King Soopers Shopping Trip</i> 1:00 Craft with The Red Paintbrush: Silkscreening Tote Bags- CH 4:00 Happy Hour- CH</p>	<p>10:00 Coffee and Donuts- VG 7 1:00 Tai Chi with Eric- CH 2:00 Documentary: Animal-TR</p>
<p>Sunday Brunch-VG 8 Dine in @ 11:30 PickUp and Delivery @ 1:30</p> <p>1:00 Documentary: Our Universe- TR 2:05 Broncos VS Seahawks- TR</p>	<p>10:00 Exercise with Maynette- CH 9 11:00 Pinochle- Bistro 11:30 Monday Meditation- Zoom 11:30 Ambassador Luncheon- VG 1:00 How to Read A Movie with Arlene Pickett- TR 4:00 <i>Patio Happy Hour @ Bar Louie</i></p>	<p>10:30 Workout with Tyler- CH 10 11:30 Resident Lunch Buffet- VG 1:00-3:00 Em's Ice Cream Truck- Main Entrance 1:30 Denentia Caregiver Support Group- DR 3:00 Knitting Group- VG 6:30 Movie Night: The Prestige- TR</p>	<p>10:00 Exercise with Maynette- CH 11 11:30 Mini Fall Candle Settings-CH 1:00 Ice Cream Parfiets- CH 2:00 VAB Book Group- TR 4:00 9/11 Oragami Paper Crane's- CH</p>	<p>10:30 Tai Chi with Eric- CH 12 11:30 <i>Out to Lunch: GB Fish & Chips</i> 2:00 Shared Journey's Discussion Group- DR 3:00 Paloma Cocktail Social- CH 4:00 BINGO & Dinner- VG</p>	<p>9:30 Burrito Buggy- Driveways 13 10:00 Exercise with Maynette- CH 10:00 Beginner Boxing Class with Brett and Trip- 2nd Flr 11:00 Flower Arranging- CH 11:15 Film Discussion- Zoom 1:00 Active Minds: The Life and Music of Joan Baez- TR 4:00 Happy Hour- CH</p>	<p>10:00 Aces of Bridge Club- VG 14 1:00-5:00 <i>Lakewood Food and Beverage Festival in Belmar</i> 2:00 Documentary: Animal-TR</p>
<p>Sunday Brunch-VG 15 Dine in @ 11:30 PickUp and Delivery @ 1:30</p> <p>1:00 Documentary: Our Universe- TR 2:25 Broncos VS Steelers- TR</p>	<p>10:00 Exercise with Maynette- CH 16 11:00 Pinochle- Bistro 11:30 Monday Meditation- Zoom 1:00 How to Read A Movie with Arlene Pickett- TR</p> <p>ERIN OFF</p>	<p>8:30 <i>Royal Gorge Railroad Trip</i> 17 10:30 Workout with Tyler- CH 11:30 Resident Lunch Buffet- VG 3:00 Knitting Group- VG 4:00 Root Beer Floats with Kaylee Corthell- CH 6:30 Movie Night: The Adam Project- TR</p>	<p>10:00 Exercise with Maynette- CH 18 12:00 <i>'Waitress' @ The Arvada Cener</i> 3:00 Peaky Blinders- TR 5:00 Don McKenzie's Farwell Party- CH</p>	<p>9:30 World Coffee Tasting: Nicaragua Nueva Segovia 19 10:30 Tai Chi with Eric- CH 1:00 Hearing Aid Clinic with Robin Donnely- TR 2:00 Martini Socail- CH 3:00 Making Fabric Necklaces- CH 4:00 <i>Women's Dinner: Smokin Fins</i></p>	<p>10:00 Exercise with Maynette- CH 20 11:00 Flower Arranging- CH 11:15 Film Discussion- Zoom 12:30 <i>King Soopers Shopping Trip</i> 1:00 Active Minds: Political Parties- TR 4:00 Happy Hour- CH</p>	<p>10:00 Coffee and Donuts- VG 21 1:00 Tai Chi with Eric- CH 2:00 Documentary: Animal-TR</p>
<p>Sunday Brunch-VG 22 Dine in @ 11:30 PickUp and Delivery @ 1:30</p> <p>11:00 Broncos VS Buccaneers- TR 2:00 Documentary: Our Universe- TR</p>	<p>10:00 Exercise with Maynette- CH 23 11:00 Pinochle- Bistro 11:30 Monda Meditation- Zoom 12:00 Making Pumpkin Scented Candles- CH 1:00 How to Read A Movie with Arlene Pickett- TR 4:00 Oktoberfest Beer & Pretzles/ Documentary- CH</p>	<p>10:30 Workout with Tyler- CH 24 11:30 <i>Winter Park Gondalla Ride/Happy Hour</i> 11:30 Resident Lunch Buffet- VG 2:00 Culinary Chat- CH 3:00 Knitting Group- VG 6:30 Movie Night: The Peanut Butter Falcon- TR</p>	<p>10:00 Exercise with Maynette- CH 25 12:00 Taste of Columbia/ Documentary- CH 2:00 VAB Community Chat- CH 3:30 Wine Down Wednesday: Ethan Hall- VG</p>	<p>9:30 Pumpkin Spice Lattes- CH 26 10:30 Tai Chi with Eric- CH 11:30 <i>Men's Lunch: The Rock Wood Fired Pizza</i> 1:30 Chris Wells Presentation: Sedona, Magic in the Desert- TR 4:30 Bocce with Phil Shaprio- Bocce Courts</p>	<p>10:00 Exercise with Maynette- CH 27 11:00 Flower Arranging- CH 11:15 Film Discussion- Zoom 1:00 Craft with The Red Paintrush: Shaving Cream Mugs-CH 4:00 Happy Hour- CH</p>	<p>10:00 Aces of Bridge Club- VG 28 2:00 Documentary: Animal-TR</p>
<p>Sunday Brunch-VG 29 Dine in @ 11:30 PickUp and Delivery @ 1:30</p> <p>11:00 Brocnos VS Jets- TR 2:00 Documentary: Our Universe- TR</p>	<p>10:00 Exercise with Maynette- CH 30 11:00 Pinochle- Bistro 11:00 Taste of Portugal/ Documentray- CH 11:30 Monda Meditation- Zoom 1:00 How to Read A Movie with Arlene Pickett- TR 3:30 September Birhtday Celebration- VG</p>				<p>PLEASE SIGN UP FOR ALL ACTIVITES USING CUBIGO</p> <p>CANCELLATIONS LESS THAN 24 HOURS NOTICE FOR OUTINGS WITHOUT REPLACMNT WILL BE CHARGED \$10</p> <p>NO SHOWS TO ACTIVITIES SIGNED UP FOR WILL BE CHARGED \$10</p>	<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE DUE TO: WEATHER, CANCELLATIONS/ LOW SIGN UPS, RESERVATION ISSUES ETC.</p>