

JANUARY 2025

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SUN	MON .	TUE V	VED T	HU FF	RI SA	T
	New Year's Day 10:00 Exercise with Maynette-CH 11:00 Flower Arranging 11:30 Monday Meditation - Zoom 12:00 Noon Years Party- CH	10:00 Cardio with Kelly- CH 2:00 Mexican Train- 2nd Flr 3:00 Knitting Group- VG 6:30 Movie Night: Elvis King Creole- TR	10:00 Exercise with Maynette-CH 12:00 Virtual Tour: Hampton Court Palace- Zoom 1:00 Scrabble- CH 3:00 White Wine Tasting W/ Don McKenzie- VG	10:00 Tai Chi with Eric- CH 12:00 Lighted Snowflake Mason Jars- CH 2:00 Cheese Fondu W/ Friends- CH 3:00 Pinochle- Bistro 4:00 Oreo Cookie Tasting- CH	10:00 Exercise with Maynette-CH 11:15 Film Discussion- Zoom 1:00 Pinwheel Snack Social- CH 4:00 Happy Hour- CH	10:00 Coffee and Donuts- VG 1:00 Exercise W/ Jordan Lawrence- CH 2:00 Documentary: Life on Our Planet- TR 2:30 Murray's Charcuterie Board Social- CH
Sunday Brunch Dine in @ 11:00 Pick Up or Delivery @ 1:30	10:00 Exercise with Maynette-CH 11:30 Monday Meditation - Zoom 12:00 Catered Resident Luncheon- CH 4:00 Cubigo Training- CH	10:00 Cardio with Kelly-CH 11:00 Home Massages W/ Laura Mendez 12:00 Taste of Canada/ Documentary-TR 1:00 Dementia Caregiver Support Group- DR 3:00 Knitting Group- VG 3:00 Elvis Performance-3rd Flr 4:30 Western Stock Show	10:00 Exercise with Maynette-CH 12:00 Finger Knitting: Winter Scarfs- CH 2:00 VAB Book Group- TR 3:00 White Wine Tasting W/ Don McKenzie- VG	12:00 Snowflake Clay Dishes- CH	10:00 Exercise with Maynette-CH 11:15 Film Discussion- Zoom 12:00 King Soopers Outing 1:00 Active Minds: Clara Schumann & Fanny Mendelssoh-TR 4:00 Happy Hour- CH	10:00 Aces of Bridge Club- Bistro 1:00 Tai Chi with Eric- CH 2:00 Documentary: Life on Our Planet- TR
Sunday Brunch Dine in @ 11:00 Pick Up or Delivery @ 1:30	10:00 Exercise with Maynette-CH 11:00 Flower Arranging 11:30 Monday Meditation - Zoom 1:00 How to Read a Movie W/ Arlene-TR 4:00 Cubigo Training- CH 6:30 Movie Night: Selma-TR	10:00 Cardio with Kelly - Zoom Video 11:00 New Belgium Brewery Tour 2:00 Mexican Train- 2nd Flr 3:00 Knitting Group- VG 4:00 Homemade Facial Scrubs- CH 6:30 Movie Night: The Hitman's Body Gurad-TR	10:00 Exercise with Maynette-CH 12:00 Taste of Poland/Documentary-TR 2:00 Culinary Chat- CH 3:30 Scenic Drive: Red Rocks followed by Starbucks Coffee	10:00 Tai Chi with Eric- CH 11:30 Men's Lunch: Danny Ray's 1:00 Hearing Aid Clinic- TR 2:30 Festive Wreath Making- CH 3:00 Pinochle- Bistro	10:00 Exercise with Maynette-CH 11:15 Film Discussion- Zoom 1:00 Active Minds: Genghis Khan & the Mongolian Empire- TR 4:00 Happy Hour- CH	10:00 Coffee and Donuts- VG 1:00 Exercise W/ Jordan Lawrence- CH 2:00 Documentary: Life on Our Planet- TR
Sunday Brunch Dine in @ 11:00 Pick Up or Delivery @ 1:30	10:00 Exercise with Maynette-CH 11:30 Monday Meditation - Zoom 11:30 Women's Lunch: Chili's 1:00 How to Read a Movie W/ Arlene- TR 4:00 Cubigo Training- CH	10:00 Cardio with Kelly - Zoom Video 11:00 Home Massages W/ Laura Mendez 12:00 Paint Dipping Wine Glasses- CH 3:00 Knitting Group- VG 4:00 BINGO- VG 6:30 Movie Night: The Matrix- TR	9:00 Breakfast Burrito Wagon- Mailboxes 10:00 Exercise with Maynette-CH 12:00 Clothespin Snowflakes- CH 3:30 January Birthday Celebration- VG Tu B'Shevat Begins	10:00 Tai Chi with Eric- CH 12:00 Erin's Homemade Guacamole Social- CH 1:30 Chris Wells: Iceland- The Land of Fire & Ice-TR 2:30 String Popcorn Garland- CH 3:00 Pinochle- Bistro	10:00 Exercise with Maynette-CH 11:15 Film Discussion- Zoom 12:00 King Soopers Outing 1:30 Spiked Hot Chocolate Social W/ CCU- CH 4:00 Happy Hour- CH	10:00 Aces of Bridge Club- Bistro 1:00 Tai Chi with Eric- CH 2:00 Documentary: Life on Our Planet- TR
Sunday Brunch Dine in @ 11:00 Pick Up or Delivery @ 1:30	10:00 Exercise with Maynette-CH 11:00 Flower Arranging 11:30 Monday Meditation - Zoom 1:00 How to Read a Movie W/ Arlene-TR 3:00 Magician Act W/ Ricardo Hernandez-CH 4:00 Cubigo Training-CH	9:30 Muffins & Coffee- CH 10:30 Cardio with Kelly - Zoom Video 12:00 Out to Lunch: Black Eyed Pea 2:00 Mexican Train- 2nd Flr 3:00 Knitting Group- VG 4:00 Hot Tottie Social- CH 6:30 Movie Night: The	10:00 Exercise with Maynette-CH 12:00 Styrofoam Snowmen- Ch 2:00 Community Chat- CH 3:30 Wine Down Wednesday: Rick Iracki- VG			
					ALL ACTIVITIES ARE SUBJECT TO CHANGE DUE TO WEATHER, COVID-19	CANCELLATIONS/LOW SIGN UPS, RESERVATION ISSUES ETC.