

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023

## INDEPENDENT LIVING

			<p>10:00 Exercise with Maynette- CH 12:00 Scrabble- CH 1:15 Community Chat- Zoom 2:30 Paint by Numbers- CH *4:00 Making Potpourri- CH*</p>	<p>10:30 Tai Chi with Eric- CH 12:00 Cribbage- CH *1:30 Jewelry Making with Rita- CH* *3:00 March Trivia- CH* 6:30 Movie Night: Aviator- TR</p>	<p>10:00 Exercise with Maynette- CH 11:15 Film Discussion- Zoom *11:30 Meet &amp; Greet W/ Optimal- CH* 1:00 Active Minds: Life &amp; Music of Samuel Barber- TR 3:30 Happy Hour- VG</p>	<p>9:00 Stretch with Ryan- Zoom 10:00 Coffee and Donuts- VG 1:00 Tai Chi with Eric- CH *TBD Movie Outing: 80 For Brady*</p>
<p>Sunday Brunch Dine in @ 11:30 Pick Up @ 1:00</p>	<p>10:00 Exercise with Maynette- CH 11:30 Monday Meditation- Zoom 2:30 Hand Maids Tail- TR 3:00 Mexican Train- CH</p> <p>Purim Begins</p>	<p>10:30 Cardio with Kelly- CH 12:00 Sequence- CH *2:00 Stand Up Comedy: Bobby Tessel- CH* 3:00 Knitting Group- CH *4:00 Spiked Ice Cream Tasting- CH*</p>	<p>10:00 Exercise with Maynette- CH *12:00 Bowlero Bowling* 2:00 VAB Book Group- PDR *3:30 Wine Down Wednesday: Scott Hackler- VG*</p>	<p>10:30 Tai Chi with Eric- CH *11:30 Out to Lunch: Clancey's* 2:00 Shared Journeys- PDR 3:00 Pinochle- CH 6:30 Movie Night: Ondine- TR *7:00 Lakewood Symphony Orchestra*</p>	<p>10:00 Exercise with Maynette- CH 11:15 Film Discussion- Zoom *12:00 King Soopers Outing* 3:30 Happy Hour- VG *6:30 Celtic Awakening @ Newman Center*</p>	<p>9:00 Stretch with Ryan- Zoom 10:00 Aces of Bridge Club- VG 1:00 Tai Chi with Eric- CH *2:30 Green Mimosas- VG*</p>
<p>Sunday Brunch Dine in @ 11:30 Pick Up @ 1:00</p> <p>10:00 UNO- 2<sup>nd</sup> Fl</p> <p>Daylight Saving Time Begins</p>	<p>10:00 Exercise with Maynette- CH 11:30 Monday Meditation- Zoom 2:30 Hand Maids Tail- TR 3:00 Mexican Train- CH</p>	<p>10:30 Cardio with Kelly- CH *12:00 Sand Creek Massacre Exhibition* 1:00 Sequence- CH 3:00 Knitting Group- CH *4:00 Green Beer- VG* 6:30 Clubhouse Blackjack- CH</p>	<p>10:00 Exercise with Maynette- CH *12:00 Stencil Painting- CH* *2:00 Volunteer Meeting- CH* 3:30 VAB Book Exchange- CH *5:00 Culinary Event- VG*</p>	<p>10:30 Tai Chi with Eric- CH *12:00 Corned Beef &amp; Cabbage Sliders- VG* 1:00 Hearing Aid Clinic- TR *4:00 Urban Putt &amp; Dinner* 6:30 Movie Night: Miss Harris Goes to Paris- TR</p>	<p>10:00 Exercise with Maynette- CH 11:15 Film Discussion- Zoom 1:00 Active Minds: Puerto Rico- TR *2:30- 3:00 Celtic Dancers- CH/VG* 3:00 Happy Hour- VG</p> <p>St. Patrick's Day</p>	<p>9:00 Stretch with Ryan- Zoom 10:00 Coffee and Donuts- VG 1:00 Tai Chi with Eric- CH *3:00 Bottle Sand Art- CH*</p>
<p>Sunday Brunch Dine in @ 11:30 Pick Up @ 1:00</p> <p>*2:00 Smoothie Bar- 2d Fl*</p>	<p>10:00 Exercise with Maynette- CH 11:30 Monday Meditation- Zoom 2:30 Hand Maids Tail- TR 3:00 Mexican Train- CH</p> <p>Spring Begins</p>	<p>10:30 Cardio with Kelly- CH *12:00 Making Spring Wreaths- CH* *2:00 Culinary Chat- PDR* 3:00 Knitting Group- CH *4:30 Out to Dinner: Manning's Steakhouse*</p>	<p>10:00 Exercise with Maynette- CH *12:00 Candle Making- CH* 2:30 Paint by Numbers- CH *5:30 Dazzle Denver: After Midnight*</p> <p>Ramadan Begins</p>	<p>10:30 Tai Chi with Eric-CH *1:30 Chris Wells: Ireland Castles- TR 3:00 Pinochle- CH *5:00 Murder Mystery Dinner- VG* 6:30 Movie Night: The Giver- TR</p>	<p>10:00 Exercise with Maynette- CH 11:15 Film Discussion- Zoom *12:00 King Soopers Outing* *1:30 Engraving Art- CH* 3:30 Happy Hour- VG</p>	<p>10:00 Aces of Bridge Club- VG 1:00 Tai Chi with Eric- CH 3:00 Scrabble- CH</p> <p>*TBD Movie Outing: Whispering Women*</p>
<p>Sunday Brunch Dine in @ 11:30 Pick Up @ 1:00</p>	<p>10:00 Exercise with Maynette- CH 11:30 Monday Meditation- Zoom 2:30 Hand Maids Tail- TR 3:00 Mexican Train- CH</p>	<p>10:30 Cardio with Kelly- CH *12:00 Floral Arranging @ Aflorae Boutique* 3:00 Knitting Group- CH *4:00 BINGO-VG* 6:30 Clubhouse Blackjack- CH</p>	<p>10:00 Exercise with Maynette- CH *11:30 Men's Lunch by Diego- CH* 2:30 Paint by Numbers- CH *4:00 March Birthday Celebration- VG*</p>	<p>10:30 Tai Chi with Eric- CH 12:00 Scrabble- CH 2:00 Mexican Train- 2<sup>nd</sup> FL *4:30 Ace Eat and Serve* 6:30 Movie Night: Big- TR</p>	<p>10:00 Exercise with Maynette- CH 11:15 Film Discussion- Zoom *12:00 Resident Potluck- VG* 3:30 Happy Hour- VG</p>	<p>9:00 Stretch with Ryan- Zoom 10:00 Coffee and Donuts- VG 1:00 Tai Chi with Eric- CH *3:00 Charcuterie Board Social- VG*</p>

ALL ACTIVITIES ARE SUBJECT TO CHANGE DUE TO WEATHER, COVID- 19, CANCELATIONS, ETC