

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 am -Mile High Church 11:00 am- Coffee & Donuts 2:00 pm- Aromatherapy & Hand massages 3:00pm- Mimosas & new years Toast 4:00 pm-Banjo Time w Don 6:00pm- Matinee Movie: Stand By Me & popcorn</p> <p>New Year's Day</p>	<p>10:00 am- Weight Lifting Exercise 11:00 am- Ladies Tea & Muffins w Angela 2:00 pm- Eldergrow Garden maintenance 3:00pm-Root Beer Float Social 4:00 pm- Game: Twister On wheels</p>	<p>10:00 am- Balloon Toss exercise 11:00 am- Outing: Red Lobster 2:00 pm-Travel Tuesday: Greece 2:30 pm-Travel Tuesday Videos 3:00pm- FAMILY COUNCIL!! 4:00 pm- Spa manicures</p>	<p>10:30 am- Fitness w Veronica 11:00 am-Outing w AL to Olive Garden 2:00 pm- Flower Arranging w Kaylee 3:00pm- Walker & Wheelchair Decorating 4:00 pm- Uno card Game</p> <p>Happy B-Day Ela!!</p>	<p>10:00 am- Balloon Toss Exercise w Eric 11:00 am - Glam Time w The ladies 2:00 pm- Scenic Drive: Red Rocks 3:00pm-Happy Hour!! 4:00 pm- Science Experiment: Elephant Toothpaste</p>	<p>10:00 am- Ball Toss exercise 11:00 am- Tying Knots 2:00 pm- Craft: Water Paint 3:00pm- Baking: Caramel Brownies 4:00pm-Tic Tack Toe 6:00 pm- Wii Dance w Mardra</p>	<p>10:00 am- Ring Toss exercise 11:00 am- Game: Hang Man 2:00 pm- Craft: Thread Pasta w String 3:00pm- Game: Dominos w Frank 4:00 pm- Men's Hand Massages</p>
<p>10:00 am- St. Joseph catholic church 11:00 am- Cinnamon Rolls & Coffee 2:00 pm- Craft: ALL about You For Residents 3:00pm- Ice Cream Social w Caitlin 4:00 pm- Fun Facts w Kaylee</p>	<p>10:00 am- Weight lifting Exercise 11:00 am- On one one outing to Starbucks 2:00 pm- Baking: Mint Chocolate Chip Fudge 3:00pm- Trivia: Penguins 4:00 pm-Story Telling w Kaylee</p>	<p>10:00 am- Balloon Toss Exercise w Brennen 11:00 am- Outing: Denny's 2:00 pm- Travel Tuesday: Iceland 3:00pm-Travel Tuesday Videos 4:00 pm-Card Making for Loved ones</p>	<p>10:00 am- Chair Yoga Exercise 11:00 am - Aromatherapy & Face Masks 2:00 pm -Flower Arranging w Ela 3:00pm- Baking w Chef Mando 4:00 pm- Solve The Riddle</p>	<p>10:00 am-Scenic Drive w Beto 11:00 am- Glam time w the Ladies 2:00 pm-science experiment: Cloud Dough 3:00pm- Happy Hour!! 4:00 pm- Karaoke Singing w Staff & Residents</p>	<p>10:00 am- Weight Lifting Exercise w Diego 11:00 am- Play Chess w Don L 2:00 pm- Craft: Creativity w Play-Doh 3:00pm- Meditation w Elena 4:00 pm- Ladies Handbag decorating</p>	<p>10:00 am- Yoga chair exercise w William 11:00 am- Human Bingo 2:00 pm- Craft: Friendship Bracelet Making 3:00pm- Balloon Noddle toss 4:00 pm- Coloring wall Mural w Residents</p>
<p>10:00 am-Mile High Church 11:00 am- Croissants & Coffee 2:00 pm- Craft: Seashell Mirrors 3:00pm - Baking: Bananas Split 4:00 pm- Love on leash w Chief</p>	<p>10:00 am- Weight Lifting Exercise 11:00 am- Spa Manicures 2:00 pm Trivia- Martin L King. 3:00pm- Documentary- I am MLK jr. 4:00 pm- Funny Home Videos</p> <p>Happy B-Day Bill & Caitlin !!</p> <p>Martin Luther King Jr. Day</p>	<p>10:00 am- Balloon Toss exercise w Bob 11:00 am- Outing: The Rock wood Fire Pizza 2:00 pm-Travel Tuesday: Tanzania 3:00pm-Travel Tuesday Videos 4:00 pm- Spa Manicures</p> <p>Happy B-Day Herman!!</p>	<p>10:00 am- Chair Yoga exercise 11:00 am- Game: JEPORDY 2:00 pm -Flower Arranging w Kathy 3:00pm- Interactive Music w Briana 4:00 pm- Board game: Connect 4</p>	<p>10:00 am Scenic Drive: Boulder 11:00 am-Glam Time w the ladies 2:00 pm- Science experiment: Volcano Slime 3:00pm- HAPPY HOUR B-DAY CELEBRATION!! 4:00 pm- Popcorn Tasting</p>	<p>10:00 am- Weight Lifting exercise 11:00 am Men's Lunch w Erin 2:00 pm- Game: Finish My Phrase 3:00pm- Craft: Sensory Bags 4:00 pm- Resident life story writing class!</p>	<p>10:00 am - Stroll through VA 11:00 am-Aromatherapy & Meditation 2:00 pm- Craft: Sharpie Mugs 3:00pm- Clay Creativity Art Designs 4:00 pm- Puzzle: Van Gough- Starry Night</p>
<p>10:00 am- St. Joseph catholic church 11:00 am- Coffee Cake & Coffee 2:00 pm- Monarch Scrapbook Decorating 3:00pm- Marble Painting 4:00 pm- Big size Checkers</p> <p>Chinese New Year (Year of the Rabbit)</p>	<p>10:00 am- Weight Lifting exercise 11:00 am- Craft: Resin 2:00 pm- Baking: Spring Fling Cake 3:00pm- Craft: Learning Origamis 4:00 pm- Board Game: SORRY</p> <p>Activity Professionals Week</p>	<p>10:00 am- Balloon Toss exercise 11:00 am- Outing: Black eyed pea 2:00 pm-Travel Tuesday: Argentina 3:00pm-Travel Tuesday videos 4:00 pm- scavenger Hunt</p>	<p>10:00 am- Chair Yoga exercise 11:00 am-Sock Sorting 2:00 pm- Flower arranging w Elena 3:00pm- Trumpet Performance w Jim Kurty</p> <p>Happy B-Day Beto!!</p>	<p>10:00 am- Scenic Drive: Golden 11:00 am-Glam time w the ladies 2:00 pm- Science experiment: Erupting Lemon 3:30pm- SHELVIS Performance & Elvis HAPPY HOUR!!!</p> <p>Australia Day (observed)</p>	<p>10:00 am - Weight Lifting exercise 11:00 am- One on one outing to In N' Out 2:00 pm- Baking: Chocolate cake 3:00pm- Guess That Scent! 4:00 pm- Towel Folding w RA's</p> <p>Happy B-Day Patricia!!</p>	<p>10:00 am- Weight Lifting Exercise 11:00 am- Craft: Resident Scrapbooks 2:00 pm- Build Legos w Elena 3:00pm-Harp Performance w Adaleigh 4:00 pm- Sticker Decorating!</p>
<p>10:00 am- Mile high Church 11:00 am- Muffins & Coffee 2:00 pm- One on one outing to Dairy Queen 3:00pm- Craft: Canvas Tie Dye Painting 4:00 pm- Game: GEO Board</p>	<p>10:00 am- Weight Lifting exercise 11:00 am- Baking: Chocolate Chip cookies 2:00 pm- Craft: Decorating Jewelry Boxes 3:00pm- Spa Manicures w Renee 4:00 pm- Trivia: Guess That song!</p>	<p>10:00 am- Balloon Toss exercise 11:00 am Outing: Bowlero Bowling 2:00 pm- Travel Tuesday: Macau 3:00pm- Travel Tuesday Videos 4:00 pm- Hot Coco Tasting</p>	<h1>January 2023</h1>			