



<p>3</p> <p>1:00 LUNCH DELIVERY ONLY</p>	<p>4</p> <p>HAPPY BIRTHDAY CHARLIE!</p> <p>10:00 Exercises with Maynette-CH 11:15 Monday Meditation- Zoom **1:00 Monday Movie: Independence Day- CH** 3:00 Mexican Train- CH</p> <p>Independence Day (US)</p>	<p>5</p> <p>10:00 Standing Balance Exercise-CH **2:15 Elvis at Alamo Theater** 3:00 Knitting Group-CH</p>	<p>6</p> <p>National World Milk Day</p> <p>10:00 Exercises with Maynette-CH 11:00 VAB Volunteer Group-CH 1:15 Central Perk-Zoom **6:00 The Sweet Lillies Concert- Lakewood Heritage Park**</p>	<p>7</p> <p>**9:30 Burrito Buggy- IL Mailboxes** 10:30 Tai Chi with Eric-CH **12:30 Picnic at Bear Creek** 3:00 Pinochle-CH</p>	<p>1</p> <p>10:00 Exercises with Maynette-CH 11:15 Film Discussion- Zoom 1:00 Active Minds: Leonard Bernstein - TR 4:00pm Happy Hour-VG/Patio 5:00pm 4th Of July BBQ- Patio</p> <p>Canada Day</p>	<p>2</p> <p>10:00 Coffee & Donuts-VG 1:00 Stretch Video-CH or Zoom **2:00 Sausage Tasting- BBQ Area**</p>
<p>10</p> <p>HAPPY BIRTHDAY LEN!</p> <p>1:00 LUNCH DELIVERY ONLY</p>	<p>11</p> <p>10:00 Exercises with Maynette-CH 11:15 Monday Meditation- Zoom **1:00 Making Potpourri**- CH 3:00 Mexican Train- CH</p>	<p>12</p> <p>10:00 Standing Balance Exercise-CH 11:00 Tech Time with EVS-CH **2:15 Bowlero Bowling** 6:30 Clubhouse Blackjack- CH</p>	<p>13</p> <p>10:00 Exercises with Maynette-CH 1:15 Central Perk-Zoom 2:00 VAB Book Group-DR 3:30 **Wine Down Wednesday-VG**</p>	<p>14</p> <p>**9:00- 12:00 Podiatrist Visit**- CH 10:30 Tai Chi with Eric-VG 2:00 Shared Journeys-DR 3:00 Green Thumb Club-CH **4:00 BINGO**- VG</p>	<p>15</p> <p>10:00 Exercises with Maynette-CH 11:15 Film Discussion- Zoom 1:00 Active Minds: Evolution of NATO -TR **3:00 Summer Celebration with Big Jim- Bistro Patio**</p>	<p>16</p> <p>10:00 Coffee & Donuts-CH 1:00 Tai Chi with Eric-CH</p>
<p>17</p> <p>11:00AM-1:00PM Sunday Brunch!</p>	<p>18</p> <p>10:00 Exercises with Maynette-CH 11:15 Monday Meditation- Zoom **12:00 Men's Lunch** 3:00 Mexican Train- CH</p>	<p>19</p> <p>10:00 Standing Balance Exercise-CH **12:30 Picnic at Addenbrooke** Park** 3:00 Knitting Group-CH</p>	<p>20</p> <p>HAPPY BIRTHDAY MARLENE!</p> <p>10:00 Pilates Based Exercise Video-CH 1:15 Central Perk-Zoom **5:00 Culinary Event**- VG</p>	<p>21</p> <p>HAPPY BIRTHDAY RIC!</p> <p>10:30 Tai Chi with Eric-CH 1:00 Hearing Aid Clinic-TR 3:00 Pinochle-CH **5:30 Belmar Third Thursday Concert Series**</p>	<p>22</p> <p>10:00 Pilates Based Exercise Video-CH 11:15 Film Discussion- Zoom 3:30 Happy Hour-VG</p>	<p>23</p> <p>10:00 Aces Bridge Club-VG 1:00 Tai Chi with Eric- CH</p>
<p>24</p> <p>11:00AM-1:00PM Sunday Brunch!</p>	<p>25</p> <p>10:00 Pilates Based Exercise Video-CH 11:15 Monday Meditation- Zoom 3:00 Mexican Train- CH **4:00 Ladies Dinner**</p>	<p>26</p> <p>10:00 Standing Balance Exercise-CH 11:00 Tech Time with EVS-CH 1:00- 3:00 Ems Ice Cream Truck- Outside Clubhouse 6:30 Clubhouse Blackjack- CH</p>	<p>27</p> <p>10:00 Exercises with Maynette-CH **11:00 Support Group -DR** 1:15 Central Perk-Zoom **6:00 Hazel Miller Concert- Lakewood Heritage Park**</p>	<p>28</p> <p>10:30 Tai Chi with Eric-CH 1:00 Taste Of Portugal- CH **4:00 July Birthday Celebration- VG**</p>	<p>29</p> <p>10:00 Exercises with Maynette-CH 11:15 Film Discussion- Zoom 3:30 Happy Hour-VG</p>	<p>30</p> <p>10:00 Coffee & Donuts-CH 1:00 Tai Chi with Eric-CH</p>
<p>31</p> <p>HAPPY BIRTHDAY JUDITH!</p> <p>11:00AM-1:00PM Sunday Brunch!</p>	<p>July 2022</p>					

All Programming is subject to change based on weather, COVID-19, needs of residents, etc.