

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00am Mile High Church Live Stream</p> <p>11:00am Juice & Donuts</p> <p>2:30pm Hydration cart W Fresh lemonade & Fruit</p> <p>3:30pm Nature walk in courtyard</p> <p>May Day</p>	<p>10:00am Tai Chi exercise</p> <p>11:00am Aromatherapy w Pink sugar scent</p> <p>2:30pm Uno Card Playing</p> <p>3:30pm Hydration cart w crackers& cheese and water</p> <p>Happy 68th Anniversary AL & Phyllis McCall!!</p>	<p>10:00am Nature walk & Bistro Stop</p> <p>11:00am Wheel of Fortune</p> <p>2:30pm Travel Tuesday: Spain</p> <p>3:30pm Travel Tuesday Videos</p> <p>4:30pm Men's Nail Care & Hand Massages</p>	<p>10:00am Table Flower Arranging</p> <p>11:00am Music & Movement Exercise w. Team Select</p> <p>2:30pm Sweets & Treats: Canol</p> <p>3:30pm Canvas Painting in Courtyard</p>	<p>10:00am Scenic Drive to Evergreen</p> <p>11:00am Wheel of Fortune & Hydration Cart</p> <p>2:30pm AL Salsa Contest</p> <p>3:30pm Cinco De Mayo Happy Hour</p> <p>Cinco de Mayo</p>	<p>10:00am Weight Lifting Exercise</p> <p>11:00am Healthy Snack Creations:</p> <p>2:30pm Uno, Connect Four, Word Cross</p> <p>3:30pm Resin Art Making</p> <p>4:30pm Spa Mani & Hand Massage</p>	<p>10:00am Nature walk & Bistro Stop</p> <p>11:00am Puzzles & Games</p> <p>2:30pm Flower Pot Decorating</p> <p>3:30pm Beers & Games w. The Men</p>
<p>10:00am St Joseph Catholic Church Live Stream</p> <p>11:00am coffee & Donuts</p> <p>2:30pm Mothers Day tea & Mothers poloroid shoot</p> <p>3:30pm Spa manicures & Hand massages & Handouts</p> <p>Mother's Day</p>	<p>10:00am weight lifting exercise in courtyard</p> <p>11:00am Aromotherapy w Jasmine Scent</p> <p>2:30pm old maid card playing</p> <p>3:30pm Spring Nature walk in courtyard &snacks</p>	<p>10:00am Nature walk & Bistro Stop</p> <p>11:00am Ladies Picnic in Courtyard</p> <p>2:30pm Travel Tuesday: Germany</p> <p>3:30pm Travel Tuesday Videos</p> <p>4:30pm Men's Nail Care & Hand Massages</p>	<p>10:00am Table Flower Arranging</p> <p>11:00am Music & Movement Exercise w. Team Select</p> <p>2:30pm Sweets & Treats: DQ</p> <p>3:15pm Music w. Molly</p>	<p>10:00am Moving & Grooving Exercise</p> <p>10:30am Music w. Mark</p> <p>2:30pm Appreciation to Nurses Happy Hour</p> <p>3:30pm Gift Making for Nurses</p> <p>4:30pm One on One Time</p>	<p>10:00am Weight Lifting Exercise</p> <p>11:00am Healthy Snack Creations:</p> <p>2:30pm Bean Bag Toss</p> <p>4:30pm Spa Mani & Hand Massage</p>	<p>10:00am Nature walk & Bistro Stop</p> <p>11:00am Puzzles & Games</p> <p>2:30pm Jewelry Making w. the Ladies</p> <p>3:30pm Beers & Games w. Men</p>
<p>10:00am Mile High Church Live Stream</p> <p>11:00am Tea & Donuts</p> <p>2:30pm ballon Toss exercise</p> <p>3:30pm hydration cart w fruit & fruit punch</p>	<p>10:00am Balloon Toss exercise</p> <p>11:00am Aromatherapy w chamomile scent</p> <p>2:30pm BBQ Trivia & snacks</p> <p>3:30pm Courtyard Nature walk</p> <p>4:00 Family Outreach</p>	<p>10:00am Nature walk & Bistro Stop</p> <p>11:00am Men's Picnic in Courtyard</p> <p>2:30pm Travel Tuesday: Bahamas</p> <p>3:30pm Travel Tuesday Videos</p> <p>4:30pm Men's Nail Care</p>	<p>10:00am Outing to the Aquarium</p> <p>11:00am Music & Movement Exercise w. Team Select</p> <p>2:30pm Sweets & Treats: Banana Bread</p> <p>3:30pm Canvas Painting in Courtyard</p>	<p>10:00am Table Flower Arranging</p> <p>11:00am Chair Exercise</p> <p>1:30 Scenic Drive to Evergreen</p> <p>3:30pm Devils Food Happy Hour</p> <p>4:30pm Family Outreach</p>	<p>10:00am Weight Lifting Exercise</p> <p>11:00am Healthy Snack Creations:</p> <p>2:30pm Twister Toss</p> <p>3:30pm Suncatcher Creations</p> <p>4:30pm Spa Mani & Hand Massage</p>	<p>10:00am Nature walk & Bistro Stop</p> <p>11:00am Puzzles & Books</p> <p>2:30pm Card Making</p> <p>3:30pm Beers & Bean Bags</p> <p>Happy Birthday Phyllis!</p> <p>Armed Forces Day</p>
<p>10:00am st . Joseph Catholic Church</p> <p>11:00am Juice & Donuts</p> <p>2:30pm Card Tricks w Don in courtyard</p> <p>3:30pm hydration cart w water & yogurt</p> <p>4:30pm Moving w Monarch team</p>	<p>10:00am Tai Chi Exercise</p> <p>11:00am Aromatherapy w Eucalyptus scent</p> <p>2:30pm Uno Card playing</p> <p>3:30pm Sensory spring garden & snacks</p> <p>4:30pm Spa Manicures</p> <p>Victoria Day (Canada)</p>	<p>10:00am Nature walk & Bistro Stop</p> <p>11:00am Lunch in Bistro</p> <p>2:30pm Travel Tuesday: Guatemala</p> <p>3:30pm Travel Tuesday Videos</p> <p>4:30pm Men's Nail Care</p>	<p>10:00am Table Flower Arranging</p> <p>11:00am Music & Movement Exercise w. Team Select</p> <p>2:30pm Sweets & Treats: Froyo</p> <p>3:30pm Canvas Painting in Courtyard</p>	<p>10:00am Scenic Drive to Red Rocks</p> <p>11:00am Wheel of Fortune & Hydration Cart</p> <p>2:30pm Birthday Celebration Happy Hour</p> <p>3:15pm Music w. Molly</p> <p>4:30pm Family Outreach</p>	<p>10:00am Weight Lifting Exercise</p> <p>11:00am Healthy Snack Creations:</p> <p>2:30pm Cornhole Toss</p> <p>3:30pm Hair time w. the Ladies</p> <p>4:30pm Spa Mani & Hand Massage</p>	<p>10:00am Nature walk & Bistro Stop</p> <p>11:00am Puzzles & Books</p> <p>2:30pm Beers & Card Playing w. The men</p> <p>3:30pm Spa Manicures & Hand Massages</p>
<p>10:00am Mile High church</p> <p>11:00am Coffee & Donuts</p> <p>2:30pm Spring Tea in courtyard</p> <p>3:30pm Bird House painting</p>	<p>10:00am Chair Yoga Exercise</p> <p>11:00am Aromatherapy w lavender scent</p> <p>2:30pm old maid card playing</p> <p>3:30pm Memorial Day Trivia & snacks</p> <p>4:30pm Dancing w monarch</p> <p>Memorial Day</p>	<p>10:00am Nature walk & Bistro Stop</p> <p>11:00am Lunch in Bistro w. Rebecca</p> <p>2:30pm Travel Tuesday: Romania</p> <p>3:30pm Travel Tuesday Videos</p> <p>4:30pm Men's Nail Care</p>	<h1>May 2022</h1> 			