

January 2020

Village

at belmar

Monarch House



Our Mission:

It is our passion and privilege to provide an elevated quality of life for those we serve through Meaningful Connections with residents, families, friends and associates.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
--------	--------	---------	-----------	----------	--------	----------



Color Key

■ **Special Events At Belmar**

■ **Off Campus Events**

1
10:00 Scenic Drive
 11:00 Morning Refreshments
11:30 Sit And Be Fit
2:30 New Years Resolutions
 3:00 Painting Hour
 3:00 One On One Social Hour
 4:00 Evening Refreshments
 4:30 Shirley Temple

2
10:30 Sit And Be Fit
 11:00 Morning Refreshments
 11:30 Brain Fitness:
2:00 Chef Demo
 3:30 Spa Manicures
 4:00 Evening Refreshments
 4:30 Dick Van Dyke

3
10:30 Sit and be Fit
 11:00 Morning Refreshments
 11:30 January Crossword
 2:30 Color Me Colorado
 3:30 Ladder Ball
 4:00 Evening Refreshments
 4:30 Friday Funnies & Popcorn

4
10:30 Sit And Be Fit
 11:00 Morning Refreshments
 11:30 Bingo!
3:00 Happy Hour
 4:00 Afternoon Movie:
 4:00 Evening Refreshments

5
10:00 Mile Hi Sermon
 11:00 Morning Refreshments
11:30 Sit And Be Fit
 2:30 Sunday Documentary: The West
 3:30 Spa Manicures
 4:00 Evening Refreshments
 4:30 Music Therapy

6
10:00 Sit And be Fit
 10:30 Morning Refreshments
 11:00 Bingo!
 11:30 Family Feud
2:30 Yoga With Karen
 3:30 Afternoon Trivia
 4:00 Evening Refreshment
 4:30 Classic Comedies

7
10:00 Sit And Be Fit
 10:30 Morning Refreshments
 11:00 Trivia:
11:30 Out To Lunch: Beau Jo's Pizza
 2:30 Chair Volleyball
 3:00 Crafting With Jasmine: Bookmarks
 4:00 Evening Refreshments
 4:30 Music From the 40's

8
9:00 Rocky Mountain Arsenal Drive
 11:00 Morning Refreshments
11:30 Sit And Be Fit
 2:30 Bowling
 3:00 Painting Hour
 3:00 One On One Social Hour
 4:00 Evening Refreshments
 4:30 Shirley Temple

9
10:30 Sit And Be Fit
 11:00 Morning Refreshments
 11:30 January Trivia
1:30 Wings Over The Rockies
 3:30 Spa Manicures
 4:00 Evening Refreshments
 4:30 Dick Van Dyke

10
10:30 Sit And Be Fit
 11:00 Morning Refreshments
 11:30 Trivia:
 2:30 Color Me Colorado
 3:30 Ladder Ball
 4:00 Evening Refreshments
 4:30 Friday Funnies & Popcorn

11
10:30 Sit And Be Fit
 11:00 Morning Refreshments
 11:30 Bingo!
3:00 Happy Hour
 4:00 Afternoon Movie:
 4:00 Evening Refreshments

12
10:00 Mile Hi Sermon
 11:00 Morning Refreshments
11:30 Sit And be Fit
1:30 Guest Visit With Tierra And Mavis
 2:30 Sunday Documentary: The Circus
 3:30 Spa Manicures
 4:00 Evening Refreshments
 4:30 Music Therapy

13
10:00 Sit And be Fit
 10:30 Morning Refreshments
 11:00 Bingo!
 11:30 Family Feud
2:30 Yoga With Karen
 3:30 Afternoon Trivia
 4:00 Evening Refreshments
 4:30 Classic Comedies

14
10:00 Sit And Be Fit
 10:30 Morning Refreshments
 11:00 Trivia:
 11:30 What Did It Cost?
2:30 Singing With Roz Brown
 3:00 Crafting With Jasmine: Birdhouses
 4:00 Evening Refreshments
 4:30 Music From the 50's

15
10:00 Sit And be Fit
 10:30 Morning Refreshments
 11:00 Month Of January Trivia
 11:30 On This Day
1:30 Forney Museum
 4:00 Evening Refreshments
 4:30 Shirley Temple

16
10:30 Sit and Be Fit
 11:00 Morning Refreshments
 11:30 Brain Fitness:
2:30 Ice Cream Social
 3:30 Spa Manicures
 4:00 Evening Refreshments
 4:30 Dick Van Dyke

17
10:30 Sit And Be Fit
 11:00 Morning Refreshments
 11:30 Trivia:
 2:30 Color Me Colorado
 3:30 Ladder Ball
 4:00 Evening Refreshments
 4:30 Friday Funnies & Popcorn

18
10:30 Sit and Be Fit
 11:00 Morning Refreshments
 11:30 Bingo!
3:00 Happy Hour
 4:00 Afternoon Movie:
 4:00 Evening Refreshments

19
10:00 Mile Hi Sermon
 11:00 Morning Refreshments
11:30 Sit And be Fit
 2:30 Sunday Documentary: How The Beatles Changed The World
 3:30 Spa Manicures
 4:00 Evening Refreshments
 4:30 Music Therapy

20
10:00 Sit And Be Fit
 10:30 Morning Refreshments
 11:00 Bingo!
 11:30 family Feud
2:30 Yoga With Karen
 3:30 Afternoon Trivia
 4:00 Evening Refreshments
 4:30 Classic Comedies

21
10:00 Sit And Be Fit
 10:30 Morning Refreshments
 11:00 Trivia:
 11:30 What Did It Cost?
 2:30 Chair Volleyball
 3:00 Crafting With Jasmine: Picture Frames
 4:00 Evening Refreshments
 4:30 Music From The 60's

22
10:00 Scenic Drive
 11:00 Morning Refreshments
11:30 Sit And Be Fit
 2:30 Bowling
 3:00 Painting Hour
 3:00 One On One Social Hour
 4:00 Evening Refreshments
 4:30 Shirley Temple

23
10:30 Sit And Be Fit
 11:00 Morning Refreshments
 11:30 Brain Fitness:
2:00 National Pie Day- Village Inn Pie
 3:30 Spa Manicures
 4:00 Evening Refreshments
 4:30 Dick Van Dyke

24
10:30 Sit and Be Fit
 11:00 Morning Refreshments
 11:30 Trivia:
 2:30 Color Me Colorado
 3:30 Ladder Ball
 4:00 Evening Refreshments
 4:30 Friday Funnies & Popcorn

25
10:30 Sit and Be Fit
 11:00 Morning Refreshments
 11:30 Bingo!
3:00 Happy Hour
 4:00 Afternoon Movie:
 4:00 Evening Refreshments

26
10:15 Mile Hi Youth Group
 11:00 Morning Refreshments
11:30 Sit And Be Fit
 2:30 Sunday Documentary: Our Planet
 3:30 Spa Manicures
 4:00 Evening Refreshments
 4:30 Music Therapy

27
10:00 Sit And be Fit
 10:30 Morning Refreshments
 11:00 Bingo!
 11:30 Family Feud
2:30 Yoga With Karen
 3:30 Afternoon Trivia
 4:00 Evening Refreshments
 4:30 Classic Comedies

28
10:00 Sit And be Fit
 10:30 Morning Refreshments
 11:00 Trivia:
 11:30 What Did it Cost?
2:30 Singing With Roz Brown
 4:00 Evening Refreshments
 4:30 Music From The 70's

29
10:00 Scenic Drive
 11:00 Morning Refreshments
11:30 Sit And Be Fit
 2:30 Bowling
 3:00 Painting Hour
 3:00 One On One Social Hour
 4:00 Evening Refreshments
 4:30 Shirley Temple

30
10:30 Sit And Be Fit
 11:00 Morning Refreshments
 11:30 Brain Fitness:
 2:30 Baking With Amber: Chocolate Chip Cookies
 3:30 Spa Manicures
 4:00 Evening Refreshments
 4:30 Dick Van Dyke

31
10:30 Sit And Be Fit
 11:00 Morning Refreshments
 11:30 Trivia:
 2:30 Color Me Colorado
 3:30 Ladder Ball
 4:00 Evening Refreshments
 4:30 Friday Funnies & Popcorn

Please Note:

 All programming is subject to change based on weather, needs of residents, etc.