

January 2020

# Village

at belmar



Jimmy won our Ugly Christmas Sweater contest!



**Our Mission:**

*It is our passion and privilege to provide an elevated quality of life for those we serve through Meaningful Connections with residents, families, friends and associates.*



Gaylord Rockies Resort: Ice!



# Independent Living

# January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy Birthday!</b> Dorothy Fisher Jan 2 Carol Mills Jan 3 Gerrie Wolff Jan 4 Bob Rhodes Jan 7 Rosie Speight Jan 8 Barb Rogers Jan 9 Diane Rhodes Jan 13		<b>Location Key</b> Clubhouse CH Private Dining Room PDR Theater Room TR Village Bistro VB Village Grille VG	<b>1</b> 10:00 Chair Pilates—CH 3:00 Sequence—VB	<b>2</b> 10:30 Tai Chi—CH 1:00 Activity Sign Up Meeting—CH 3:30 Out to the Movies: <i>Knives Out*</i> 6:00 Hollywood Cinema-TR	<b>3</b> 8:30 Aqua Fitness* 10:00 Strength & Cardio-CH 2:00 VAB TouchTown App Training*—TR 3:00 Film Discussion Group—TR 4:00 Happy Hour—VB	<b>4</b> 11:30 Tai Chi—CH 2:00 Winter Wreaths*-CH 4:00 Award Nominated Movie—TR
<b>5</b> 8:30 Church Shuttle 1* 9:30 Church Shuttle 2* 4:00 Jewelry with Jessica* - CH 5:00 Golden Globes Red Carpet—TR 6:00 Golden Globes Awards—CH	<b>6</b> 8:30 Aqua Fitness* 10:00 Strength & Balance—CH 1:00 Grocery Shuttle* 3:00 Mexican Train—CH	<b>7</b> 10:00 Mat Pilates—CH 1:00 Parkinson's Support Group—CH 3:00 Pinochle—VB 5:00 Dazzle Jazz: <i>A Tribute to Count Basie*</i>	<b>8</b> 10:00 Chair Pilates—CH 10:15 Coffee Concerts with Jeffrey Siegel* 2:00 VAB Book Club—TR 3:00 Sequence—VB 4:00 Wine Down Wednesday with Scott Hackler—CH	<b>9</b> 10:30 Tai Chi—CH 12:00 Food Committee Meeting—PDR 1:15 Tour & Tasting: <i>Stranahan's Whiskey*</i> 6:00 Hollywood Cinema-TR	<b>10</b> 8:30 Aqua Fitness* 10:00 Strength & Cardio-CH 12:30 Out to the Movies: <i>Bombshell*</i> 1:00 Shared Journeys—DR 4:00 Happy Hour—VB	<b>11</b> 9:30 Aces Bridge Club-VG 11:30 Tai Chi—CH 3:00 Afternoon Tea—CH 4:00 Award Nominated Movie—TR
<b>12</b> 8:30 Church Shuttle 1* 9:30 Church Shuttle 2* 6:00 Award Nominated Movie—TR	<b>13</b> 8:30 Aqua Fitness* 10:00 Strength & Balance—CH 1:00 Grocery Shuttle* 3:00 Mexican Train—CH 4:00 Healthy Chocolate with Jessica* - CH	<b>14</b> 10:00 Mat Pilates—CH 3:00 Pinochle—VB 4:00 The Snuggles Project—CH 6:00 Mizel Institute Presents: <i>Kids: Chasing Paradise*</i>	<b>15</b> 10:00 Chair Pilates—CH 11:00 Canvas & Coolers—CH 2:00 Sequence—VB 3:30 Flats Chat—CH 5:00 Out to Dinner: <i>African Grill &amp; Bar*</i>	<b>16</b> 9:30 Blood Pressure Check-CH 10:30 Tai Chi—CH 12:20 Tour: <i>State Capitol*</i> 1:00 Hearing Clinic—TR 6:00 Hollywood Cinema-TR	<b>17</b> 8:30 Aqua Fitness* 10:00 Strength & Cardio-CH 1:00 Low Vision Resource Group—TR 2:00 TechOtter: <i>Tips &amp; Tricks* - CH</i> 4:00 Happy Hour—VB	<b>18</b> 11:00 Chinese New Year Themed Buffet* - VG 2:00 Afternoon Coffee & Puzzles—CH 4:00 Award Nominated Movie—TR
<b>19</b> 8:30 Church Shuttle 1* 9:30 Church Shuttle 2* 1:00 Tesoro Cultural Center: <i>Boom &amp; Bust Colorado*</i> 6:00 Award Nominated Movie—TR	<b>20</b> 8:30 Aqua Fitness* 10:00 Strength & Balance—CH 1:00 Grocery Shuttle* 3:00 Mexican Train—CH 4:00 Documentary: <i>King: Man of Peace in a Time of War*—TR</i>	<b>21</b> 10:00 Mat Pilates—CH 1:00 Guided Tour: <i>School of Mines Geology Museum*</i> 3:00 Pinochle—VB	<b>22</b> 10:00 Chair Pilates—CH 10:00 Denver History Bus Tour: <i>Aurora*</i> 2:30 Movie Matinee: <i>Marriage Story—TR</i> 3:00 Sequence—VB 4:00 Jazz Singer: <i>Rekha Ohal—CH</i>	<b>23</b> 10:30 Tai Chi—CH 2:00 Pie & Coffee Pairing* 4:00 Denver History Tours: <i>Women in the West—TR</i> 6:00 Hollywood Cinema-TR	<b>24</b> 8:30 Aqua Fitness* 10:00 Strength & Cardio-CH 12:30 Stadium Tour: <i>Empower Field at Mile High*</i> 3:00 Film Discussion Group—TR 4:00 Happy Hour—VB	<b>25</b> 9:30 Aces Bridge Club-VG 11:30 Tai Chi—CH 1:00 Chinese New Year Celebration* 3:00 Afternoon Tea—CH 4:00 Award Nominated Movie—TR
<b>26</b> 8:30 Church Shuttle 1* 9:30 Church Shuttle 2* 1:00 Town Hall Arts Center: <i>Disenchanted*</i> 6:00 Award Nominated Movie—TR	<b>27</b> 8:30 Aqua Fitness* 10:00 Strength & Balance—CH 1:00 Grocery Shuttle* 3:00 Mexican Train—CH 4:00 Champagne Birthday Celebration! - CH 7:00 Clubhouse Blackjack with Phil* - CH	<b>28</b> 10:00 Mat Pilates—CH 3:00 Pinochle—VB 2:00 Active Minds: <i>Impeachment - TR</i> 5:30 Dinner & Bingo*—VG	<b>29</b> 10:00 Chair Pilates—CH 11:00 Canvas & Coolers—CH 1:00 Denver Police Museum* 3:00 Sequence—VB 4:00 Movie Matinee: <i>Dolemite is My Name—TR</i>	<b>30</b> 9:00 Flats Breakfast*—VG 10:30 Tai Chi—CH 1:00 Tattered Cover* 6:00 Hollywood Cinema-TR	<b>31</b> 8:30 Aqua Fitness* 10:00 Strength & Cardio-CH 10:45 DMNS IMAX: <i>Amazon Adventure 3D*</i> 4:00 Happy Hour—VB	<b>Color Key</b> ■ Ongoing Onsite Events ■ Special Events Onsite ■ Off-Site Events ■ Fitness Classes Onsite * Sign up w/Concierge

\*\*All programming is subject to change based on weather, needs of residents, etc. \*\*