

December 2019



Village

at belmar



Monarch House
Event Calendar



Our Mission:

It is our passion and privilege to provide an elevated quality of life for those we serve through Meaningful Connections with residents, families, friends and associates.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 10:00 Mile Hi Sermon 10:30 Morning Refreshers & Relaxation 11:00 Sit And Be Fit 11:30 Brain Fitness 2:15 Broncos Vs Chargers 3:00 One On One Social Hour 4:00 Evening Refreshers & Relaxation 4:30 Songs Of Faith	2 10:00 Sit And be Fit 10:30 Morning Refreshers & Relaxation 11:00 Trivia: Nursery Rhymes 11:30 Bingo! 2:30 Yoga With Karen 3:30 Family Feud 4:00 Evening Refreshers & Relaxation 4:30 Music Therapy	3 10:00 Sit And Be Fit 10:30 Morning Refreshers & Relaxation 11:00 Decorating For Christmas 2:30 Singing With Roz Brown 3:00 One On One Social Hour 4:00 Evening Refreshers & Relaxation 6:00 Holiday Lights Tour	4 10:00 Scenic Drive 11:00 Morning Refreshers & Relaxation 11:30 Sit And Be Fit 2:30 Crafting W/Jasmine: Gingerbread Houses 4:00 Evening Refreshers & Relaxation 4:30 Easy Listening Music	5 10:30 Sit And Be Fit 11:00 Morning Refreshers & Relaxation 11:30 Brain Fitness: Common Sayings 2:00 Chef Demo 3:15 Color Me Colorado 4:00 Evening Refreshers & Relaxation 4:30 Classic Comedies	6 10:30 Sit And Be Fit 11:00 Morning Refreshers & Relaxation 11:30 Trivia: 1970's Music 2:30 Crafting W/Amber: Christmas Wreaths 4:00 Evening Refreshers & Relaxation 4:30 Bean Bag Toss 6:00 Friday Funnies	7 10:00 River Church Christmas Train 11:00 Morning Refreshers & Relaxation 11:30 Sit And Be Fit 3:00 Dickens Carolers 4:00 Evening Refreshers & Relaxation 4:30 Shirley Temple	
8 10:00 Mile Hi Sermon 10:30 Morning Refreshers & Relaxation 11:00 Sit And Be Fit 11:30 Brain Fitness 2:30 Bean Bag Toss 3:00 Sunday Documentary: How The Beatles Changed The World 4:00 Evening refreshers & Relaxation 4:30 Songs Of Faith	9 10:00 Sit And Be Fit 10:30 Morning Refreshers & Relaxation 11:00 Trivia: Animal Trivia– Marine Life 11:30 Bingo! 2:30 Yoga With Karen 3:30 Family Feud 4:00 Evening Refreshers & Relaxation 4:30 Music Therapy	10 10:00 Sit And Be Fit 10:30 Morning Refreshers & Relaxation 11:00 What Did It Cost: Entertainment 11:30 Santa Visit 1:15 Celestial Seasonings 4:00 Evening Refreshers & Relaxation 6:00 Holiday Lights Tour	11 10:00 Scenic Drive 11:00 Morning Refreshers & Relaxation 11:30 Sit And Be Fit 2:30 Crafting W/Jasmine: Christmas Ornaments 4:00 Evening Refreshers & Relaxation 4:30 Easy Listening Music	12 10:30 Sit And Be Fit 11:00 Morning Refreshers & Relaxation 11:30 Brain Fitness: Always Or Never 2:30 Giant Jenga 3:15 Color Me Colorado 4:00 Evening Refreshers & Relaxation 4:30 Classic Comedies	13 10:30 Sit And Be Fit 11:00 Morning Refreshers & Relaxation 11:30 Trivia: 1970's TV 2:30 Baking W/Amber: Candy Cane Kiss Pretzels 4:00 Evening Refreshers & Relaxation 4:30 Bean Bag Toss 6:00 Friday Funnies	14 10:30 Sit And Be Fit 11:00 Morning Refreshers & Relaxation 11:30 Bingo! 2:30 Happy Hour 3:30 Sing A Longs 4:00 Evening Refreshers & Relaxation 4:30 Shirley Temple	
15 10:00 Mile Hi Sermon 10:30 Morning Refreshers & Relaxation 11:00 Sit And Be Fit 11:00 Broncos Vs Chiefs 2:30 Bean Bag Toss 3:00 Sunday Documentary: Diana– In Her Own Words 4:00 Evening Refreshers & Relaxation 4:30 Songs Of Faith	16 10:00 Sit And Be fit 10:30 Morning Refreshers & Relaxation 11:00 Trivia: Entertainment– Movie Quotes 11:30 Bingo! 2:30 Yoga With Karen 3:30 Family Feud 4:00 Evening Refreshers & Relaxation 4:30 Music Therapy	17 10:00 Sit And Be Fit 10:30 Morning Refreshers & Relaxation 11:00 What Did It Cost: Houses 11:30 Christmas Trivia 1:00 Hammonds Candy Tour 3:30 One On One Social Hour 4:00 Evening Refreshers & Relaxation 6:00 Holiday Lights Tour	18 10:00 Sit And Be Fit 10:30 Morning Refreshers & Relaxation 11:00 Brain Fitness 11:30 Out To Lunch: Red Robin 2:30 Crafting W/ Jasmine: Christmas Globes 4:00 Evening Refreshers & Relaxation 4:30 Easy Listening Music	19 10:30 Sit And Be Fit 11:00 Morning Refreshers & Relaxation 11:30 Brain Fitness: Categories 2:30 Giant Jenga 3:15 Color Me Colorado 4:00 Evening Refreshers & Relaxation 4:30 Classic Comedies	20 10:30 Sit And Be Fit 11:00 Morning Refreshers & Relaxation 11:30 Trivia: 1950's Music 2:30 Crafting W/Amber: Candy Ornaments 4:00 Evening Refreshers & Relaxation 4:30 Bean Bag Toss 6:00 Friday Funnies	21 10:30 Sit And Be Fit 11:00 Morning Refreshers & Relaxation 11:30 Bingo! 2:30 Aroma Therapy 3:30 Sing A Longs 4:00 Evening Refreshers & Relaxation 4:30 Shirley Temple	
22 10:00 Mile Hi Sermon 10:30 Morning Refreshers & Relaxation 11:00 Sit And Be Fit 11:30 Brain Fitness 2:30 Bean Bag Toss 3:00 Sunday Documentary: Black Hole– Apocalypse 4:00 Evening Refreshers & Relaxation 4:30 Songs Of Faith	23 10:00 Sit And Be Fit 10:30 Morning Refreshers & Relaxation 11:00 Bingo! 11:30 Trivia: 1940's Music 2:30 Yoga With Karen 3:30 Family Feud 4:00 Evening Refreshers & Relaxation 4:30 Music Therapy	24 10:00 Sit And Be Fit 10:30 Morning Refreshers & Relaxation 11:00 What Did It Cost: Cars 11:30 Christmas Crossword 1:45 Christmas Stockings 2:30 Singing With Roz Brown 3:30 One On One Social Hour 4:00 Music With John Crabtree 6:00 Evening Movie	25 10:00 Sit And Be Fit 10:30 Morning Refreshers & Relaxation 12:00 Christmas Day Meal 2:00 Christmas Movie: Christmas Vacation 4:00 Evening Refreshers & Relaxation MERRY CHRISTMAS!	26 10:30 Sit And Be Fit 11:00 Morning Refreshers & Relaxation 11:30 Brain Fitness: Doesn't Belong 2:30 Giant Jenga 3:15 Color Me Colorado 4:00 Evening Refreshers & Relaxation 4:30 Classic Comedies	27 10:30 Sit And Be Fit 11:00 Morning Refreshers & Relaxation 11:30 Trivia: 1950's Movie's 2:30 Baking W/Amber: Christmas Sugar Cookies 4:00 Evening Refreshers & Relaxation 4:30 Bean Bag Toss 6:00 Friday Funnies	28 10:30 Sit And Be Fit 11:00 Morning Refreshers & Relaxation 11:30 Bingo! 2:30 Happy Hour 3:30 Sing A Longs 4:00 Evening Refreshers & Relaxation 4:30 Shirley Temple	
29 10:00 Mile Hi Sermon 10:30 Morning Refreshers & Relaxation 11:00 Sit And Be Fit 11:30 Brain Fitness 2:25 Broncos Vs Raiders 3:00 One On One Social Hour 4:00 Evening Refreshers & Relaxation 4:30 Songs Of Faith	30 10:00 Sit And Be Fit 10:30 Morning Refreshers & Relaxation 11:00 Bingo! 2:30 Yoga With Karen 3:30 Family Feud 4:00 Evening Refreshers & Relaxation 4:30 Music Therapy	31 10:00 Sit And Be Fit 10:30 Morning Refreshers & Relaxation 11:00 What Did It Cost: 11:30 New Years Trivia 2:30 New Years Eve Happy Hour 3:30 One On One Social Hour 4:00 Evening Refreshers & Relaxation NEW YEAR'S EVE				Color Key  Special Events At Belmar  Off Campus Events	Please Note: All programming is subject to change based on weather, needs of residents, etc.



December 2019

Monarch House

Color Key

-  Special Events At Belmar
-  Off Campus Events

Please Note:
 All programming is subject to change based on weather, needs of residents, etc.