

December 2019

# Village

at belmar



Colorado Honor Bell








Our Mission:

*It is our passion and privilege to provide an elevated quality of life for those we serve through Meaningful Connections with residents, families, friends and associates.*

## Independent Living Event Calendar



Residents With Handmade Christmas Ornaments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>1</b> 8:30 Church Shuttle 1* 9:30 Church Shuttle 2* 4:00 Winter Snow Globes* - CH 6:00 Classic Movie Night—TR	<b>2</b> 8:30 Aqua Fitness* 10:00 Life Enrichment Meeting—CH 1:00 Grocery Shuttle* 3:00 Mexican Train—CH 5:00 Out to Dinner: King Buffet*	<b>3</b> 10:00 Mat Pilates—CH 11:00 St. Nick's Christmas & Collectibles* 1:00 Parkinson's Support Group—Speaker? 3:00 Pinochle—VB 4:00 Out to the Movies: Beautiful Day in the Neighborhood*	<b>4</b> 10:00 Chair Pilates—CH 11:00 Stamp Collectors Club—VB 11:00 Canvas & Coolers—CH 3:00 Tree Trimming with Ann & Dave*—CH	<b>5</b> 10:30 Tai Chi—CH 12:20 Camp Christmas* 4:00 Colorado Experience: Glen Eyrie Castle* - TR 6:00 Hollywood Cinema-TR 6:30 Hudson Gardens Holiday lights*	<b>6</b> 8:30 Aqua Fitness* 10:00 Strength & Cardio-CH 11:30 Cookie Decorating Party* - CH 3:00 Film Discussion Group—TR 4:00 Happy Hour: Christmas Movies- VB 5:30 Lakewood Lights*	<b>7</b> 11:30 Tai Chi—CH 2:00 Old Fashioned Christmas Party*—CH 7:00 Clubhouse Nightcap—CH	
<b>8</b> 8:30 Church Shuttle 1* 9:30 Church Shuttle 2* 4:00 Creative Card Making* - CH 6:00 Classic Movie Night—TR	<b>9</b> 8:30 Aqua Fitness* 10:00 Strength & Balance-CH 11:00 Minute Memoirs* - PDR 1:00 Grocery Shuttle* 3:00 Mexican Train—CH 7:00 Clubhouse Blackjack* - CH	<b>10</b> 10:00 Santa Claus with 2nd Grade*—GV 3:00 Pinochle—VB 4:30 Maggiano's & Holiday Lights Tour*	<b>11</b> 10:00 Chair Pilates—CH 11:30 Gingerbread House Challenge—VG 2:00 VAB Book Club—TR 3:00 Sequence—VB 4:00 Wine Down Wednesday with Crooner Tim - CH	<b>12</b> 10:30 Tai Chi—CH 2:00 Food Committee Meeting—PDR 3:00 Madrigal Dinner at Glen Eyrie Castle* 6:00 Hollywood Cinema-TR	<b>13</b> 8:30 Aqua Fitness* 10:00 Strength & Cardio-CH 11:00 Lunch & Shopping: Flatirons Mall* 1:00 Shared Journeys—DR 4:00 Happy Hour: Ugly Christmas Sweater Contest—VB	<b>14</b> 9:30 Aces Bridge Club-VG 10:00 Annual Arts & Pottery Sale* 11:30 Tai Chi—CH 1:00 Sounds of the Rockies*	
<b>15</b> 8:30 Church Shuttle 1* 9:30 Church Shuttle 2* 4:00 Jewelry with Jessica* - CH 6:00 Classic Movie Night—TR	<b>16</b> 8:30 Aqua Fitness* 10:00 Strength & Balance-CH 1:00 Grocery Shuttle* 3:00 Mexican Train—CH 4:00 Champagne Birthday Celebration! - CH 5:30 Botanic Gardens: Blossoms of Light*	<b>17</b> 10:00 Mat Pilates—CH 10:00 Gaylord Rockies: Lunch & Ice!* 3:00 Pinochle—VB 4:00 Documentary & Discussion—TR	<b>18</b> 9:00 Blood Pressure Check-CH 10:00 Chair Pilates—CH 11:00 Canvas & Coolers—CH 2:00 Denver History Tours: Robert Speer's Denver* 3:00 Sequence—VB 3:30 Flats Chat—CH 6:00 Holiday Lights Tour*	<b>19</b> 10:00 Holiday Breakfast*-VG 10:30 Tai Chi—CH 1:00 Hearing Clinic—TR 6:00 Downton Abbey Red Carpet Soiree*-TR	<b>20</b> 8:30 Aqua Fitness* 10:00 Strength & Cardio-CH 2:00 Low Vision Resource Group—TR 3:00 Film Discussion Group—TR 4:00 Happy Hour: White Elephant Gift Exchange- VB	<b>21</b> 11:30 Tai Chi—CH 6:15 FACE Holiday Show*	
<b>22</b> 8:30 Church Shuttle 1* 9:30 Church Shuttle 2* 6:00 Classic Movie Night—TR	<b>23</b> 8:30 Aqua Fitness* 1:00 Grocery Shuttle* 3:00 Mexican Train—CH 7:00 Hanukkah Celebration w/Phil, Tom & Susie*CH	<b>24</b> 10:00 Coffee & Puzzles*-CH 12:00 Christmas Movie Marathon—TR 2:00 Hot Beverage Bar & Holiday Bingo*—CH 3:00 Pinochle—VB	<b>25</b> 11:00-2:00 Christmas Dinner 	<b>26</b> 10:30 Tai Chi—CH 11:30 Brain Fit: Color—CH 2:30 Chef's Demo—CH 6:00 Hollywood Cinema-TR	<b>27</b> 8:30 Aqua Fitness* 10:00 Strength & Cardio-CH 1:00 Family Feud*—CH 3:00 TechOtter iPhone Small Group* - PDR 4:00 Happy Hour—VB	<b>28</b> 11:30 Tai Chi—CH 2:00 In the Kitchen with Stephanie—CH 7:00 Clubhouse Nightcap—CH	
<b>29</b> 8:30 Church Shuttle 1* 9:30 Church Shuttle 2* 12:15 Holiday Tea at The Brown Palace* 6:00 Classic Movie Night—TR	<b>30</b> 8:30 Aqua Fitness* 10:00 Strength & Balance-CH 1:00 Grocery Shuttle* 2:00 Active Minds: Coffee - TR 3:00 Mexican Train—CH	<b>31</b> 10:00 Mat Pilates—CH 3:00 Pinochle—VB 6:00 New Year's Eve Cocktail Pairing Dinner* - VG 8:00 New Year's Eve Celebration!*	<b>Location Key</b> Clubhouse CH Private Dining Room PDR Theater Room TR Village Bistro VB Village Grille VG		<b>Happy Birthday!</b> Bill Blackman Dec 3 Ron Everhart Dec 11 Elaine Wendler Dec 14 George Honold Dec 16 Ruth Duncan Dec 19 Frank Keeney Dec 23 Glenda Clearwater Dec 24 Shirley Canepa Dec 31		<b>Color Key</b>  Ongoing Onsite Events  Special Events Onsite  Off-Site Events  Wellness Onsite * Sign up w/Concierge